



The Breastplate

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The Breastplate

The Newsletter of St. Patrick's Episcopal Church



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Please join us at the

10th Annual U2Charist

**Dublin Irish Festival
August 4th at 10:30am
Shamrock Stage**

- ◇ There will be no 9:30am service that day. We will have our 8am and 5:30pm services at Church that day.
- ◇ Do not bring your pledge to this service. If you want to pay your pledge, you can mail it, pay online, or double up the week after.
- ◇ All monies at the offertory will be donated to the Dublin Food Pantry.
- ◇ No admission charge on Sunday before 11am, if you bring canned goods for the food pantry.

Ministry Open House

**Sunday, August 25
Following the 9:30 a.m. service
during coffee hour**

- Come and learn how to live the good news!
- Many opportunities to share your time and talent in our numerous ministries.
- Begin the program year by striving for God's kingdom!

Come and explore!
Something for everyone!



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The Episcopal
Church Welcomes
You.

From the Rector's Desk

Dear Friends in Christ:

I had a good week last month during Vacation Bible School. It was great to see our children caring about the earth, planting seeds, and singing songs. They even did all the movements with the songs. They eagerly longed to hear the stories told about what it means to be good and kind people, living their best Christian lives. They learned and acted out the parables of Jesus that tell us how amazing God's love is for all of us.

I reveled in the 72 helpers who came out to make it all possible. From middle schoolers to more mature adults, they ushered the children from station to station and assisted them in craft projects and learning.

Sure, not everything worked exactly as planned. There were occasional tears, or pouty faces. But overall everyone joined in this joyful community of faith, and the experience of God's love for us and our response of caring for the earth.

If only we could still capture that innocence and joy in our own lives. May we be people who eagerly desire to hear the stories told about what it means to be good and kind people, living our best Christian lives.

Faithfully:

The Rev. Dr. Stephen Smith

Summer Office Hours:
9:00am-4:00pm Mon.-Thurs. & 9:00am-1:00pm Friday

Parish Life Coordinator Update

Planning for the upcoming program year kicks into high gear in August. The ministry leaders will work on the calendar and begin filling in all the available spots. We are a busy place. And that is a very good thing!

There are lots of opportunities for you to get involved. Education, outreach, EYC, small groups for spirituality and growth, Foyer groups for social purposes, a gardening group, a knitting group, a prayer group, fish fry events, Invite-Welcome-Connect, deliver bread to visitors, literacy programs, worship, visiting homebound, etc. We have over 35 ministry opportunities.

On August 25th, there will be a ministry fair in the Parish Hall and you can check out the opportunities. Come and enjoy, and learn, and SIGN-UP!

~Julie Righter

Blessing of the Backpacks

August 18th

Bring your backpack to 1 of the 3 services. Teachers are welcome to bring theirs too!

Back-to-School prayers and Blessings of Backpacks as part of our worship service in the fall of each year can offer encouragement to the excited and comfort to the anxious. Our annual blessings will take place on Sunday, August 18th. We invite students of ALL ages as well as teachers, professors, and other educational professionals to bring your backpack, knapsack, messenger bag, etc. to church with you on this day. Each bag owner will receive a Tiny Saint Patrick, suitable to be clipped to a zipper or keychain. These precious charms are sure to be delightful reminders of God's love for you as shared in this joyful community of faith. We will bring the bags to the altar at the offertory and then leave them around the altar for the rest of the service.

Dear Amazing St. Patrick's Family,

As many of you know, I am the art teacher at Beatty Park and Trevitt Elementary Schools. I also coordinate our weekend food program and organized the teacher "wish list" for VBS.

One of my favorite quotes by Vincent van Gogh states "What is done in love is done well." Whether you are bringing in Mac-n-cheese cups or fulfilling the classroom wishes of teachers, I want to thank you for loving us well! Many of our students are survivors of trauma and face housing and food insecurity. At times, it can feel like an uphill, never ending battle against violence, poverty, and apathy. But then, I ask for help and walk into church to see buckets of food, or coats, or supplies for my students. In this moment, I know that I am not alone in this battle and that God's love is reaching my kids through the generosity of the congregation at St. Patrick's.

If you would like to be involved in our upcoming food bag assembly on August 12th, please email or text me for more information. Or, you can view our sign up here:

<https://m.signupgenius.com/#/showSignup/70a0d4fa9ab2c7-assembly>

Thank you again for making God's love visible and for caring for my students and colleagues!

God Bless!

Maggie Rapp Boggess

● Want to be an Acolyte?

Young people from rising 6th graders on up are invited to serve as acolytes at St. Patrick's. Come to the training session August 18, right after the 9:30 service and check it out. We'll show you how to be a Torchbearer, and as you grow in service you can become a Crucifer and later a Server. At the end of the half-hour training session, if you want to become an acolyte, just sign up. If not, no one will pressure you.

● Becoming Beloved Community

As one more way toward "Becoming Beloved Community," the Monday morning EFM extension group has invited Miriam Utter, a member of St. John's, Worthington, to present "Return to Uncle Tom's Cabin," she will also facilitate the discussion of this ground-breaking book by Harriet Beecher Stowe. All are welcome to join us on Monday, September 9 at 9:30am in the meeting room across from the library. She says you don't have to reread the book before you come!



Invite • Welcome • Connect*

Invite-Welcome-Connect is sponsoring a game at the ministry fair on August 25th. This is a great opportunity to learn more about all the wonderful ministries we have at St. Patrick's. Stop by our table to pick up your bingo game card. Prizes will be awarded!

Vestry

The Role of the Vestry

At St. Pat's, unless otherwise required due to special circumstances, there is no monthly vestry meeting during July. All went according to plan last month, so, since there was no meeting to write about, I decided to provide some general information about how our vestry operates.

In the Anglican church, the word "vestry" was derived from the room where the clergy "vest" or put on the "vestments" (the special clothes worn during the liturgy). The church council also met in this place out of convenience. Eventually the council took on the name of the room. Just as by "vesting" for worship clergy take on a special role representing Christ and the greater church, so the vestry has a charge to faithfully care for the parish church as part of the body of Christ—alive and at work in our world today.

At St. Pat's, the following diagram has been used over time to help new vestry members understand their role in relation to the congregation, the rector and the church staff:

Here are the key responsibilities of the vestry:

1. Protect the Vision

The Vestry's primary role is to protect the stated vision of the church congregation. Each member of the Vestry should be able to articulate and safeguard the primary visionary direction of the congregation.

2. Insure the Values

In addition to knowing the direction, vestry members must also understand how are we living out our vision. This includes understanding the means and programs by which we focus our efforts in ministries of pastoral care, formation, worship, growth, community outreach, etc.

3. Uphold Financial Integrity

The Vestry is also charged with protecting the financial integrity of the church. Through a designated Finance team, the Vestry scrutinizes the finances on a monthly basis. They direct an annual audit of all funds; approve budgets and make routine reports to the congregation. They approve long-term financial contracts and basically act as guardians of

the financial life of the church ensuring that it has a long-term future and is operating in a trustworthy way with all funds that have been given or borrowed.

4. Support the Rector

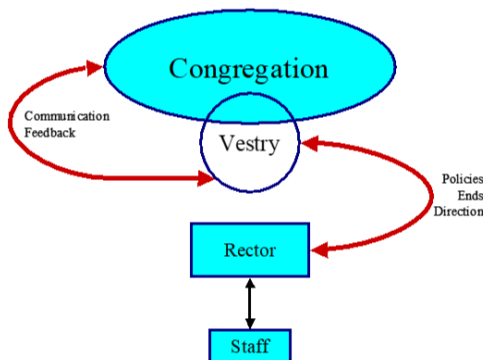
The Rector is the main agent through which the prior three responsibilities are accomplished, so supporting the Rector is the final key responsibility of the Vestry. This is best done not by rubber stamping what the Rector decides is best, acting as "devil's advocate" (i.e., who needs that?) or by representing the loyal opposition/special interest groups/programs in the church.

The Vestry has one job in a sense: use their talents to prayerfully support the Rector to lead the church in 1, 2, and 3 above.

It's important to remember that St. Pat's is part of the Episcopal Diocese of Southern Ohio, in turn part of the Episcopal Church of the United States which is a member of the worldwide Anglican Communion and that our direction, values, liturgy, ministries and mission are greatly shaped by these guiding bodies.

If you have any questions about St. Pat's vestry, please feel free to ask a vestry member or warden.

~Mike Kennedy, Sr. Warden



Pipe Organ Project Update

In the month since our last report to the congregation, construction drawings for our remodeling of the space for the organ have been completed and an electronic draft copy of them has been made available to organ committee members. It is likely that a meeting will soon be held that includes the committee and a representative of Braun & Steidl Architects to hear a page by page explanation of the documents. In conjunction with organ builder Peebles & Herzog, our architect has identified two contractors who are interested in doing the work and whom they agree are good. Interviewing and choosing a contractor is the next big step. Please be reminded that the work is scheduled for the time period immediately following Christmas, from January until March. The church will always be available and ready for services on Sunday and for funerals during the week.

On the financial side, our anonymous donor of \$250,000 has provided the first half of his/her pledge and will submit the remainder in January. In a note to our own congregational donors, you are encouraged to submit your pledged contributions for the pipe organ fund if you have not already done so.

● Sacred Circles

We will be registering new members for Sacred Circles in early September and at our Ministry Open House on

August 25th! Please consider joining the many St Patrick's women who are being spiritually fed in small community groups. There are currently five active Sacred Circles groups, and we welcome you as new members each Fall.

Questions? Please contact:

Lisa Palchick lisa.palchick@kzoo.edu

Val Pittsenbarger pittsenbarger@gmail.com

Tracy Kubik traceykubik@yahoo.com

Dianne Clay osubuckeye55@gmail.com

Kim Nelson kimberly.j.nelson@gmail.com

Tuesday AM Men's Scripture Group

*Are we active during the summer? You bet! As the summer progresses, our "community" of men continues to meet every Tuesday morning, at 6:45 AM (Yikes that is early! **BUT** the guys find it worthwhile.), enjoys a small snack and coffee, discusses a scripture lesson as a launching off point to a variety of topics, and experiences a ton of good fellowship. This summer so far, some of us were able to participate in the outing to Proctor to learn about some of their programs (Thanks Thursday group.), and have been able to use the new table and chairs to meet out in the Columbarium courtyard. Many theologians (guys much smarter than me) will say that being a part of a community is an extremely important part of our journeys of faith. Yes, it is early when we meet. Even those of us who are not early risers will tell you it is worth getting up on Tuesday mornings. Yes, some of us come all the time, some of us come once in a while, some of us come in the summer months, **BUT** whenever you can join us, you will feel welcome and included. How about joining us!*

THE RECTOR, VESTRY & WARDENS OF ST. PATRICK'S EPISCOPAL CHURCH

The Rev. Stephen Smith, Rector

Bill Dopp

Doug Langenfeld

Mike Kennedy, Senior Warden

Bill Fairweather

Tawnya Lewis

Chris Nelson Junior Warden

Eric Ghiz

Nancy McCracken

Bob Butler

Tracey Kubik

Mary Rasmussen

Julie Blair, Secretary

Sarah MacKenzie, Treasurer



† August, 2019 †

ST. PATRICK'S PARISH CALENDAR



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10:00 LITD L 10:00 Purls of Wisdom 1 7:00 Calendar Planning C	2	3
4 8:00 Holy Eucharist S 10:30 U2Charist # 5:30 Holy Eucharist S 7:00 ACOA P	5 7:00 EfM Extension 1 8:00 AA P	6 6:45 Men's Group P 10:45 Staff Meeting O 5:00 Yoga P	7 10:00 St. Arbuck's # 12:00 Holy Eucharist S 12:00 AA P 7:00 Women's AA L	8 10:00 LITD L 10:00 Purls of Wisdom 1	9	10
11 8:00 Holy Eucharist S 9:30 Holy Eucharist S 5:30 Holy Eucharist S 7:00 ACOA S	12 2:50 Tutoring (JR) 1 8:00 AA P	13 6:45 Men's Group P 10:45 Staff Meeting O 5:00 Yoga P	14 10:00 St. Arbuck's # 12:00 Holy Eucharist S 12:00 AA P 7:00 Vestry Mtg. C 7:00 Women's AA L	15 10:00 LITD L 10:00 Purls of Wisdom 1 2:00 FOH-Cook P 2:00 IWC L 2:50 Tutoring-Jan 1 5:00 FOH-Serve #	16	17
18 Bless Backpacks 8:00 Holy Eucharist S 9:30 Holy Eucharist S Acolyte Training S 11:00 Stephen Ministry 1 5:30 Holy Eucharist S	19 1:00 Sacred Circle 4 # 2:50 Tutoring (JR) 1 8:00 AA P	20 6:45 Men's Group P 10:45 Staff Meeting O 5:00 Yoga P	21 10:00 St. Arbuck's # 12:00 Holy Eucharist S 12:00 AA P 7:00 Women's AA L	22 10:00 LITD L 10:00 Purls of Wisdom 1 2:50 Tutoring-Jan 1	23	24
25 Ministry Open House 8:00 Holy Eucharist S 9:30 Holy Eucharist S 5:30 Holy Eucharist S	26 2:50 Tutoring (JR) 1 8:00 AA P	27 6:45 Men's Group C 10:45 Staff Meeting O 5:00 Yoga P	28 10:00 St. Arbuck's # 12:00 Holy Eucharist S 12:00 AA 1 7:00 Women's AA L	29 10:00 LITD L 10:00 Purls of Wisdom 1	30	31

Notes

Newsletter Deadline: 15th

Location Key:

- 1 - Classroom #1 (1st floor)
- B - Basement
- C - Conference Room
- L - Library
- P - Parish Hall
- S - Sanctuary
- N - Narthex
- O - Office
- # - Off-Site
- C² - Children's Chapel

Habitat - no meeting this month

Vestry - 2nd Wed, 7:00 p.m.

Stewardship -

FOH - 3rd Thu, 2:00 & 5:00 p.m.

Off-site:

St. Arbuck's:

19 W. Bridge St. in Dublin

FOH-Serve:

924 E. Main St, Columbus

8/19: Sacred Circle

at Lisa Palchick's House

Thank you for your support of our many Summer Activities for Children and Youth.

ReNew: The Green VBS was an environmentally-focused program. July 15-19, St. Patrick's hosted 73 children and 72 volunteers. When God's love takes root and grows up within us, we have more than enough love to face hard challenges and share with others, including God's creation. Great efforts were made to make our VBS green-centered by practicing stewardship of creation, and action-oriented for a big impact on participants, our community, and the world. We **reduced** our waste by using water bottles and composting. We **reused** donated items for activities and have made every effort to purchase products made of recycled materials. We **recycled** packaging, scraps, and unused materials each day. We **refused** to purchase unneeded items and instead creatively used **items already on hand**.



Mission Trip to Pipstream, West Virginia. 14 youth and 5 adults of St. Patrick's went to the Appalachian Southern Folk Life Center, a 65-acre campus. We worked, played, and worshiped with another youth group from Bruton Parish in Williamsburg, VA. They dug trenches, framed walls, laid flooring, spackled and painted the exterior of a home and the interior of another, demolished and rebuilt a bathroom, and demolished a whole house, prepared meals, and so much more.

Youth and adults from St. Patrick's, St. Mark's, St. Phillips, St. John's Worthington, and St. Stephen's embarked on a week-long pilgrimage to the South stopping in Kentucky, Tennessee, Georgia, and Alabama. Join us in September as our participants share more about their journey and the sites they visited as they learned about slavery, the civil war, the civil rights movement, and social justice today.



Wellness Column

In our part of the world, August means back to school for lots of families. It's also the time when health checks are required and forms are completed to assure that immunizations are up to date. Here's a good website to assure that you know which immunizations are recommended to whom and when. <https://www.cdc.gov/vaccines/schedules/parents-adults/resources-parents.html>

Speaking of websites, in my practice I often get into conversations with patients who have consulted "Dr. Google" about what they are experiencing. Many times the patient has accurate information and we have a great conversation about choices to make and what they might do to deal with their concern. Sometimes, a patient will talk about a website he or she accessed that doesn't really have reliable information, but seems to have "information that doctors don't want you to know" or a "natural" cure for a serious ailment and urges the reader to stop present medications. These are tougher conversations because they set up an adversarial situation that makes it hard for good decision making.

So, how does one determine if the web site is giving you accurate and beneficial information. Here are some tips to evaluate the veracity of the website you are consulting:

- Is the information research and evidence based? Beware of information that is sponsored by a commercial firm that has a monetary interest in you buying its product.
- Does the site provide citations that can be verified?
- Are the credentials of the author from reliable academic institutions?
- Does the site make "too good to be true" claims (like instant cures for chronic conditions)?
- Look at the URL of the site. Does it have a .gov or .edu tag? The .gov site is almost always reliable and research based. The .edu site is usually reliable if the site is from a research department or division and not a student chat site.

One suggestion is to go to <http://google.com/safebrowsing/diagnostic?site=> (and then put in the name of the site) This will tell you if that site has hosted any malware in the last 90 days.

I went searching for reliable sites for this column and came up with some suggestions:

<https://patienteducation.osumc.edu>

<https://www.ohiohealth.com/in-the-community>

Some other good ones that are national include:

National Institutes of Health (NIH); American Diabetes Association

Mayo Clinic; Drugs.com

Johns Hopkins Medicine Health Library; Medline Plus

Cleveland Clinic; Heart Hub

American Heart Association; Family Doctor.org

American Cancer Society; Up To Date

This isn't a definitive list, but it will help guide you in the right direction. Remember that no **reliable** healthcare provider wants to hide information that will help you be well. Most providers will answer questions if you have concerns. Mutual respect is a bedrock value in any relationship and healthcare is no different.

Be Well!!! ~Lissa

Parish Nursing

The Alzheimer's Association is sponsoring a walk in support of individuals, families, and others who are interested in understanding more about this disease. There are two parts: September 15th: Meet at Prince of Peace Lutheran Church on Brand Road to meet and greet like minded folks. There will be a brief program with a speaker from the Alzheimer's Association. September 22nd: Meet At Huntington Park in the afternoon to start the 1.5 mile walk to Scioto Park. Watch for more details in bulletins and the Parish Hall.

The Breastplate

Congratulations on Your August Anniversaries

Russ & Pam Austin
John & Laura Barna
David & Luanne Beebe
Pat & Paulette Borges
Hal & Mary Bradley
Bob & Glenna Butler
Mike & Nicole de Bear
Michael & Jessica Ebner
Mike & Malinda Fairweather
Roger & Jackie Faulkenberry
George & Pam Glazier
Michael & Charlotte Guastella
Frank & Jonie Gyorkey
Scott & Sarah Immell
Dave & Karen Kendall-Sperry
Nancy & Larry Lab



Mat & Emily LaMonica
Wolf & Susan Lant
Randy & Theresa Leite
Dick & Catherine Loveland
James & Susy Marriott
Kathy & Patrick McFalls
David & Cory Rasberry
Donn & LuAnn Ross
Ted & Kathryn Scheid
Tom & Ann Semans
Rick & Tasia Sicker
Doug & Laura Sladoje
Dave & Nikki Smith
Marke & Lon Vickers
Caroline Wagner & Dennis McIntosh
Jim & Bernadette Westman

Celebrating August Birthdays

Cindy Adair	John Hallermann
Michael Allen	Claire Haney
Kellan Behrens	John Hilt
Griffin Bihnmyer	Everett Hoseus
Hal Bradley	Butch Hunyadi
Catherine Bratton	Glenda Johnson
Naomi Brook	Beth Lander
Kale Bushmeyer	Wolf Lant
Audrey Cline	Val Lawrensen
Elizabeth Coley	Teri Leitwein
Brittany Cray	Matt Lewis
Charlie Darrah	Luke Mambourg
McKayla de Bear	Rebecca Maupin
Kim DeAngelo	Patrick McFalls
Susan Dumouchelle	Colette Miller
Michael Ebner	Viola Miller
Brenda Eddy	Kerrington Moss
Bill English	Sedona Newlon
Caitlin Faulkenberry	Jim Noteman
Jackie Faulkenberry	Matt Pollak
Jan Foley-Orosz	Bryce Pound
Ruby Fowler	Hayden Rapp
Dick Gehman	Mary Rasmussen

happy,
happy
birthday
to you!

Jen Richert
Justin Rinaldi
Sarah Robinson
Sommer Rogowski
Neal Seaborn
Quinn Seaborn
Ben Tuttle
Steve Vander Stouw
Sarah Walsh
Lori Wilson
Jason Wood
John Wood

IN MEMORIAM

Seth Immell
(brother of Scott Immell)
John Freas
(brother of David Freas)
Florence De Francisco
(mother of Chris Cochran)

May their souls, and the souls of all the faithful departed, by the mercy and grace of God, rest in peace.



**St. Patrick's
Episcopal Church**

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A Joyful Community of Faith

Inside this issue

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