



# The Breastplate

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# The Breastplate

The Newsletter of St. Patrick's Episcopal Church

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## Budget Deficit Update

Dear St. Pat's congregation members:

You may recall my stating during the Annual Meeting that we were entering the year with a \$175,000 budget deficit and that we were planning a midyear fund-raising drive to help cover our expenses. You'll be hearing about our innovative plan to raise funds in the next couple of weeks. Today, I want to provide an update on the deficit.

I'm pleased to announce that it has shrunk considerably due to 3 things:

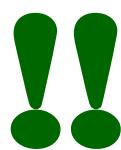
1. We received a second federal PPP loan.
2. We received a small grant/loan from the diocese.
3. We are postponing establishing a building future repairs fund to next year.

**Drumroll please: the deficit is now approximately \$70,000.**

**That's still a lot, but much more manageable – *with your help, we can eliminate it!***

Watch for information about how you can help starting next month.

In faith,  
*Mike Kennedy, Senior Warden*



## Realm Registration

Hooray! So many of you have the hang of registering for Sunday services and things are going very smoothly for us to implement our safety protocols set by the Diocese. With that in mind, when you register for service and then have a conflict come up, or wake up that morning and know you are just not going to make it, please cancel your reservation. With so many people getting vaccinated, we have had an uptick in our attendance since Palm Sunday. We are meeting our capacity each week, so when someone unexpected comes in, I have to hold until I know we have space available. The easiest way for me to know this is by checking registrations. If your plans change after registering, please cancel your reservation or even just email me, so that I know we have spots available. Thank you! ~Amy O'Neill

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The Episcopal  
Church Welcomes  
You.

## From the Interim Priest in Charge

Dear Saints,

It is hard to believe that it is May already, harder still to believe that so many young people in the congregation are graduating high school. In this issue of the Breastplate, we hear of the accomplishments of those graduates.

Years ago, you made a promise to them: when you were asked, "Will you who witness these vows do all in your power to support these persons in their life in Christ?" you responded, "We will." And you have! You as a community have helped to raise them in their life in Christ. You watched them when they were tiny, volunteered for VBS, watched them go off to camp, taught them to be acolytes, taken them on mission trips, listened to them when it may have been hard for them to talk to parents, and done a hundred more good things in their lives. In all of these times and circumstances, you have helped form their faith. You may not know it, but you have been the hands and feet of Christ to them, and they have encouraged the future of faith in you. This is what Christian community is all about.

Now they go out into the world, rejoicing in the power of the spirit. Let us rejoice with them and continue to pray for them without ceasing!

With every blessing to our seniors and to the whole community,

*Elizabeth*

## Parish Life Coordinator Update

I know many of you have never had the chance to visit my cubicle in the church office. I have resided in this cubicle for a very long time and made it my little home away from home. I have pictures of my family and trinkets from vacations, my alma mater, and from the children and youth of the parish who have bestowed gifts upon me. I also have some quotes and sayings that are meaningful to me.

My favorite saying on the wall is "Over Prepare — then go with the flow." That is a pretty good motto for church work. I also have the words to the song from the *Wizard of Oz*, "If I Only Had a Brain." The lyrics so match my brain at times. One of the favorite sayings on the wall that fits my work in the church is "Org Charts can get in the way of good organization, but good organization usually results in a good Org Chart." St. Patrick's is a good organization with a really great purpose.

There are also prayers and Bible verses. My favorite one is "Come to me all of you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light." Matthew 11: 28-30. I find comfort in this passage, especially after the last 13 months we have experienced. I also find comfort every time I worship with any of you, or you stop in the office, or you come to an event, or volunteer at the church. So thankful for this joyful community.

My prayer for all of us is that we can keep lifting up each other to do the work God has given us to do.

*~ Julie Righter*

## Rector Search Committee Update

Thank you to all who participated in our Focus Group sessions! We enjoyed hearing all of your thoughts and are working through the feedback we collected. The Parish Profile, which is the in-depth description of St. Patrick's that will serve as the main recruitment tool for prospective rectors, is in its second draft and being reviewed by the committee. We are working to incorporate the data from the CAT survey and the Focus Groups, as well as choosing photos and an eye-catching layout. The Search Committee continues to meet weekly. Thank you for your prayers and please contact Ed Yuhas or Lissa Barker via Realm if you have any questions.

## Tuesday AM Men's Group

Greetings! Spring is definitely in the air and summer is on the horizon. Our community of men meet each Tuesday morning at 7:00 AM for one hour would like to invite you to join us. We do some catching up and checking in, followed by a very simple scripture study. Most conversations lead us to how the scripture relates to our own personal lives in today's world. Often, we gain some insight into ourselves as we travel our spiritual journeys, (that is a fancy phrase for trying to be the best person and follower of Jesus Christ we can be). If you would be interested, contact the Parish Office or Doug Pittsenbarger at [pittsenbarger@gmail.com](mailto:pittsenbarger@gmail.com). We will get you a Zoom invitation for our next get together.

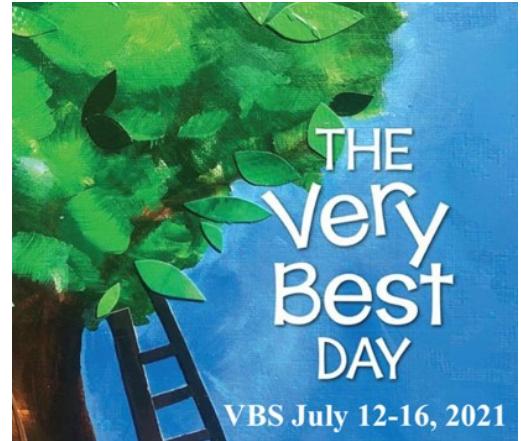
## Creation Care

I joined Creation Care Ministry because I am convinced we need to do everything we can to support and protect our Planet Earth. It is Biblical. We are charged to care for the land and resources of our earthly home. What I have experienced is that what we are doing is good, but more needs to be done.

Each one of us can recycle, pick up litter, and dispose of it properly. Reduce plastic waste. Plant trees. We can switch to renewable energy sources for our homes and businesses. Remove invasive plants, such as, Multi-Floral Rose, Bush Honeysuckle, and Mustard Garlic.

We can also support a program that works in this area. The Diocese of Southern Ohio has a tree planting opportunity at Procter Camp and Conference Center. A tree can be planted as a Memorial Tree for the loss of a loved one or a beloved pet, or a Celebration Tree such as for birthdays, anniversaries, or new births. This is a living tribute!

At St. Patrick's, the Creation Care Ministry will be collecting desktops, laptops, iPads, handheld electronics such as MP3 players, tablets, and cellphones. If the device is usable, it will be put in the Rummage Sale. The rest will be recycled. If you have any questions: contact Charlie Horton [charliehorton6083@gmail.com](mailto:charliehorton6083@gmail.com) or Betty Lyle [bblyle3@gmail.com](mailto:bblyle3@gmail.com)



### VBS 2021 ... The Very Best Day

This year's VBS theme is "The Very Best Day," based on the book by Roger Hutchison. Campers will enjoy a creative and thoughtful program focusing on main aspects of Christian life - Learning, Praying, Worshiping, Blessing, Resting, and more! This year, we will celebrate together with both at-home and in-person (outdoors) activities and lessons. Our hybrid-form VBS will begin July 12, so be sure to mark your calendars! Registration for participants and volunteers begins May 1. If you have additional questions, you can contact the Church office at (614) 766-2664. Registration will be available online. Visit us at [www.pats-dublin.org](http://www.pats-dublin.org).

### Save the Date!

**Sunday, June 13<sup>th</sup> at 5:30pm  
Sacred Story Share at St. Patrick's**

Everyone's got a story--what is yours? Every had a time in your life when you just know God was working in your life, and the Holy Spirit was up to...something? In this gathering during the season of Pentecost, we'll be outside, have an early campfire, some music, and give folks an opportunity to share their favorite "Holy Ghost Story." Low key, casual, and covid-safe. More details in next month's newsletter!

## *Mother's Day & High School Senior Recognition May 9th*

*Please join us for worship at 9:30am on the lawn, weather permitting. Bring your own chair.*

*Let's congratulate our High School seniors and wish them well with some gifts  
and reminders of their church home.*

*We will have a little gift for all the moms too, and give thanks to God or the divine gift  
of motherhood in all its diverse forms.*

*Let us pray for all the mothers among us today; for our own mothers, those living and those who have passed away; for the mothers who loved us and for those who fell short of loving us fully; for all who hope to be mothers some day and for those whose hope to have children has been frustrated; for all mothers who have lost children; for all women and men who have mothered others in any way—those who have been our substitute mothers and we who have done so for those in need; for the earth that bore us and provides our sustenance. We pray this all in the name of God, our great and loving Mother.  
Amen.*

*—from Women's Common Prayers: Our Lives Revealed, Nurtured, Celebrated (Morehouse Publishing, 2000)*

### This Month in Episcopal History

#### **The Visitation of (the Blessed Virgin) Mary and (Saint) Elizabeth ♦ May 31**

The Episcopal faith celebrates May 31 as a feast day to commemorate the meeting of two famous women. Elizabeth was the mother of John the Baptist who proclaimed Jesus as the Messiah. She was related to Mary who traveled 81 miles to stay with Elizabeth and care for her in the last three months of her pregnancy. At this time Mary was pregnant too but was not as far along as Elizabeth. Relatives coming to a pregnant woman's house to assist with childbirth is an event which frequently takes place in the world today. So the story makes sense.

There is plenty of documented evidence that Mary and Elizabeth were relatives. There is also proof that the two women gave birth within a few months of each other. The life of Elizabeth's baby who grew up to be called John the Baptist is documented by many texts from many sources contemporary to the time of John's life.

The Bible recounts that up to this time Joseph still had concerns that the Immaculate Conception had actually happened but that his doubts were reconciled when an angel came to him and assured him that all was as he had been told and it was all the Lord's plan. In my opinion, it is also plausible that Joseph's concerns about the maternity of his wife may have been resolved by being alone and talking with his wife on the long journey to Elizabeth's home. (Escorting her to and from her cousin's house would have been culturally appropriate at the time.)

It all fits. It's all very believable. This is within the essence of our Episcopal faith and practice.

*~Jim Westman*

## The Breastplate



Emma Hull



Marie F. Mayo



Lindsay E. Mayo



Elizabeth Joy Lewis



Kaydence Rasberry

### Congratulations to our Graduating Seniors!

**Emma Hull**, daughter of Kim and Dan Hull is graduating Summa cum laude with an Honors Diploma from Dublin Jerome High School. While at Jerome, she was in National Honor Society, placed First in Division 1 State Cheer Competition, was a merit scholarship recipient of Savannah College of Art and Design, received a Celtic Way Award for Scholarship, and was on the 2020 Homecoming Court and the 2021 Prom Court. After graduation, she will attend Savannah College of Art and Design majoring in Film and Performance Arts with a minor in Dramatic Writing.

**Elizabeth Joy Lewis**, daughter of Matt & Tawnya Lewis, is graduating Summa Cum Laude from Hilliard Darby High School with an Honors Diploma and in the top 4% of her graduat-

ing class with a GPA of 4.47. While at Hilliard Darby, Elizabeth also received a Legacy Award. After graduation, Elizabeth will be attending West Virginia University to study Psychology and Forensics.

**Lindsay E. Mayo**, daughter of Dave & Lisa Mayo will be graduating Summa Cum Laude with an Honors Diploma from Dublin Jerome High School. While at Jerome, Lindsay received a 2021 President's Education Award. After Graduation Lindsay will be attending Ashland University in the fall. She will play golf for the University and will explore different career options as she begins college.

**Marie F. Mayo**, daughter of Dave & Lisa Mayo will be graduating Summa Cum Laude with an Honors Diploma from Dublin Jerome High School. While at Jerome, Marie received a 2021 President's Education Award and is a 9-time State Champion in Cheerleading. After graduation, Marie will be attending The Ohio State University in the fall. She will explore different career options as she begins college.

**Kaydence Rasberry** is the daughter of Cory & Brad Rasberry and granddaughter of Steve & Carole Pearson. Kaydence will be graduating from Dublin Scioto High School. While at Scioto, Kaydence received Coaches awards for cheer 2 years in a row and the Lyndsey Rice legacy award for cheerleading. After graduation she will be attending Ohio University and will study Psychology.

# Vestry

## April Vestry Meeting Highlights for St. Pat's May Breastplate

Mike Kennedy opened the meeting with news that Pastor Elizabeth would not be present due to the passing of her father and then he offered an opening prayer. The meeting began with review of last month's minutes with some discussion of procedure to ensure edited minutes are properly documented in the record. The March minutes were then approved.

Mother Cameron gave the clergy report. She will serve as preaching group leader and panelist for the Preaching Excellence Program sponsored by Episcopal Preaching Foundation May 31 – June 4. Mother Cameron is communicating with Kate Meeks and Victoria Lewis as both are in the discernment process have been accepted as Postulantes. Because of Pastor Elizabeth's absence there was not an update of the interim process.

Sarah McKenzie gave the Treasurer's report highlighting that the \$71,200 PPP loan from 2020 has been forgiven.

March 2021 Budget status: Income compared to last year is \$31,732 behind in pledging. Total income is over budget in March by \$100,185 due to PPP forgiveness and 28K deferred from last year. Expenses were under budget by \$7.6 mainly due to Covid. Available cash is \$185k which is 3.75 months of operating expenses. The Vestry approved the Treasurer's report.

As mentioned in the annual meeting Vestry approved a budget with a running deficit with plans for a midyear fundraising event. Alex Carter brought us up to speed on this plan, further details and communication to the parish will be forthcoming.

The IT/Audio Visual infrastructure of the church has taken immediate focus. Mother Cameron stated by a fiber optic line will be installed by Spectrum by the end of April. This will allow a dedicated line which will upgrade our streaming services. Work on the church website continues. MANY THANKS TO MOTHER CAMERON, BILL EDDY AND PETER O'NEIL who have gone above and beyond to assist during this strenuous time.

Alex Shields gave an update regarding the Search Committee for the New Rector. The Holy Cow survey results are finalized and the excellent results will be communicated to the parish shortly. Alex was glad to report that the search committee led by Lissa Barker and Ed Yuhas is on target (or ahead) with the diocese process. The Search committee meets every Wednesday, eight focus groups have been finalized, the parish profile will be completed by the end of April then the position will be advertised by the National Church. Good news to come!

Mike Kennedy gave the building update in Chris Nelson's absence highlighting that the windows along the first floor will be installed soon.

The Organ is completed! All components have been installed and tuned. Pebbles and Herzog has submitted the final bill. The church is planning on a celebration after Covid limitations are lifted.

Susan Jones and Lynne Colcombe provided an update on putting together the Columbarium Garden Committee. Vestry approved that a communication will go in the Breastplate/ Sunday news outlining the mission of the committee and asking for members to join the committee.

Mother Cameron closed the meeting with a prayer. As always, please reach out to a vestry member or warden with any questions or if you wish to discuss any subject in additional detail.

*Susan Jones, Vestry Member*

## THE RECTOR, VESTRY & WARDENS OF ST. PATRICK'S EPISCOPAL CHURCH

**The Rev. Elizabeth Hoster**

*Interim Priest in Charge*

**Mike Kennedy Senior Warden**

**Chris Nelson Junior Warden**

**Lynne Colcombe**

**Alex Carter**

**Dick Gehman**

**Susan Jones**

**Nancy McCracken**

**John Russo**

**Alex Shields**

**Rick Sicker**

**Gregg Mambour**

## Fish Fry 2021

Never would any of us ever believe that St. Patrick's would have a drive-thru event! This year we had only one fish fry, and by the grace of God, we broke an attendance record. We tried a completely new concept this year and thanks to our 40+ volunteers it worked. Every volunteer contributed their time and energy so that we could serve over 260 meals. If we had more fish, we probably could have served 290.

This event, which donates its proceeds to Habitat for Humanity, brought out parishioners (many who have not been to church in over a year) and our surrounding community. One person who lived nearby was turned down only 30 minutes into the event. He said, "What? You guys have already run out of fish? Good for you. That's great!"

But sometimes it is just better to show the deeds of our volunteers in pictures. Thanks to Kim DeAngelo for the great photos.

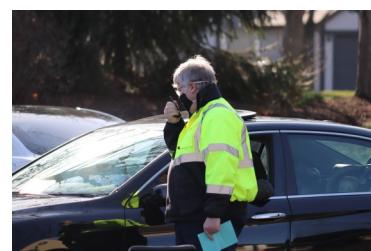
Pre-Event meeting and blessing by Mother Cameron.



Betsy Nold preps the broiled fish. Always great compliments on the flavor of her recipe.



Matt broadcasting to the control room the next order in the queue.



Peter O'Neill directing incoming orders. "No, I said that way!"



Becky and Steve waiting to take your payment.



Control Room/Prep rehearsal.



Fryers and runners keeping the food hot and fresh.



Meal prep area. We got numerous compliments on our food temps.



And after the hard work, the youth celebrate with a bonfire and smores.





## Invite • Welcome • Connect\*

As we return to in person worship and activities, we are afforded the opportunity to get to know everyone all over again. Please greet all folks new and old – we all may take a few moments to recognize one another based on our masked faces!!!

### Wellness Words

When someone says, “How are you?” Do you answer fine, or do you answer fine meaning Fried Insecure Neurotic Exhausted? Fatigue is another word for exhausted. Fatigue is not a wellness word, but it can lead to wellness when recognized and managed. There are many forms of fatigue. We will talk about two: Coronavirus Caution Fatigue and Caregiver Fatigue.

**Coronavirus Caution Fatigue** - There is lots of evidence folks are tired of social distancing, wearing masks, and washing their hands to the tune of Happy Birthday—twice. Even a brief look at the news tells us the cases are up in many places, the virus is mutating, and the infected population is getting younger. Following the three guidelines above is critical. Herd immunity (75%-80%) of the population is the goal. Last I heard we were at about 25%. That number will be higher when the May Newsletter is delivered. To quote Dr. Fauci, “You don’t stop running on the five yard line when a touchdown is needed and the way ahead is clear.”

If you have concerns about the vaccine, check with Health Care personnel or reread the April Wellness Words. Please continue social distancing, wearing a mask, and washing hands as needed. The more support for these measures and increased vaccinations means herd immunity is that much closer.

**Caregiver Fatigue** - As our population grows and gets older, some of us will find ourselves giving care, arranging for care, and watching for safety concerns for loved ones. We may need to find new ways to communicate with grandparents, parents, spouses, siblings, a beloved family member, or dear friend who might be confused or grieving their losses. It is a must in this situation with caregiving to accept your limitations. Struggles are part of being human. Acceptance does not mean “OK,” but rather, “this is the way it is.” Trying to bury emotions of loss and frustration can lead to decreased energy to deal with present issues. Accept the emotion, find an outlet, and expand your circle of support. That is usually hard to do because many caregivers are often by nature more concerned with others than themselves.

With any type of fatigue all roads lead back to **Self-Care**. Find time for yourself each day. It could be short bursts several times a day. Boundary setting will be important, but not always attainable. Learn to say no, or not now. Delegate. Consider joining a support group. There generally are others who are dealing with similar issues. Getting some caregiver help from family, friends, or an agency can be helpful and is often done.

The old standbys can be helpful: Returning to exercise or developing a routine that works for you. Deep breathing is good. Taking three deep breaths can do wonders. Research shows concentrating carefully on the inhale and exhale helps the Parasympathetic Nervous System (Rest and Repair) counter act the effects of the Sympathetic Nervous System (Fight or Flight). Other self-care activities certainly include prayer for guidance, strength, patience, and peace. Calling an “SAA,” a friend to whom you can “Say Absolutely Anything,” and returning to behaviors that helps reduce stress in the past. Whatever works.

When someone asks “How are you,” are you fine, or are you fried, insecure, neurotic and exhausted? Time to call in the Self-Care Brigade. Lissa and I wish everyone good health, and self-care opportunities when they are needed.

~Rose Walker



### EYC Summer Missions: Service Sundays

from 1:00pm-5:00pm. Join us for all 7 weeks or come as you are able. June 6, 13, 20, & 27, July 11, 18, and 25. These afternoons will be filled fellowship, service, and adventure. Registration begins May 1. Thank you to all the youth and parents who participated in reimagining programming for EYC this summer.

### IN MEMORIAM

Frank Haywood

Joe Jester

Gus Hoster (*Rev. Elizabeth's father*)

Ruthanne Bagley (*aunt of Alex Shields*)



*May their souls, and the souls of all the faithful departed,  
by the mercy and grace of God, rest in peace.*

### Celebrating May Anniversaries

Tim & Molly Carty

Thomas & Carolyn Fowler

John & Pam Johanssen

Ann King & Don Ritchey

Dave & Kerry Koppelcheck

James & Tracey Kubik

G.W. & Shannon McCarthy

Fritz & Deb Monroe

Michael & Mollie Phelps

Lance & Katie Rapp

Cory Richard & Erin Huffman-Richard

Rob & Marti Rideout

Neal & Quinn Seaborn

### Celebrating May Birthdays

Laurie Allen  
Barb Altenburg  
Danny Barnhouse  
Herb Bash  
David Beebe  
Erica Beebe  
Graham Bethune  
Dan Boggess  
Angel Cinco  
David Cline  
Lyla Cline  
Sharlynne Cline  
Chris Cofer  
Jill Collins  
Bill Fairweather  
Roger Faulkenberry  
Kenyra Glasgow  
Tara Gleason



Sara Hallermann  
Elizabeth Hoster  
Jack Howard  
Erin Huffman-Richard  
Fran Johnston  
Jordan Jones  
Steve Keeran  
Kate Kelly  
Daniel Kennedy  
Mike Kennedy

John Kindelin  
Alan Koontz  
Victoria Lewis  
Kathy McFalls  
Gavin Murphy  
Kellie Nadalin  
Evelina O'Neill  
Bill Orosz  
Cameron Rich  
Rob Rideout

David Rinaldi  
Julie Rinaldi  
Kaitlyn Rogowski  
Broder Russo  
Reese Scheid  
Ted Scheid  
Kelly Schildknecht  
Kelsey Sicker  
Christina Sladoje  
Ian Smit  
JoAnn Smith  
Mary Jane Strickland  
Wesley Tiemstra  
Vince Valentino  
John Wells  
Barbie Yehsakul  
Jo Yuhas  
Emily Zinfon



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## A Joyful Community of Faith

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**Please check out the website for our most  
up to date church calendar:**

[Calendar - St. Patrick's Episcopal Church of Dublin, Ohio \(pats-dublin.org\)](http://pats-dublin.org)