May 2023 Volume XXXXI Issue 5 A Joyful Community of Faith

The Breastplate

The Newsletter of St. Patrick's Episcopal Church

Spring Garage Sale

May 5 and May 6 (8:30am - 1:00pm both days)

The garage sale is here! As a reminder, our financial goal for this year's spring sale is to raise \$13,000 for use in replacing the HVAC system in the sanctuary and for doing needed repairs in our parking lots. You can directly support this goal by volunteering your time, as well as donating your gently used items to the sale.

Donation drop offs are Saturday, April 29 through

Monday, May 1. We are still in need of volunteers all week (from April 29 to May 6) for all sorts of tasks. Even an hour of your time is helpful, so if you find yourself with free time please come on over and join us in Smith Hall!

For those who have filled out an Item Pickup slip, pickups will start Saturday morning, April 29th. The volunteers will call you prior to heading to your home. Please have your items boxed/bagged and readily accessible in a garage or first floor location. Thanks!

You can even help with the sale right now while at home. Here's how:

• When boxing or bagging your donations, box or bag them by category when possible (for example, kitchen items in one box, holiday items in another). This may result in slightly more boxes overall, but it is a HUGE help for the sorting and organizing volunteers. And we re-use every box we get for the sale itself, too.

• Clean, clean, clean. Have your items ready for sale by cleaning them, wiping and dusting off any dust, grime, etc. Having items already cleaned and prepped to be sold is also a big time saver for the organizing volunteers, since they would otherwise need to do it before the item is sold.

• Place items with multiple parts in Ziplock or other bags so that it's obvious to the sorting crew that they go together.

As a reminder, we again will not be taking very large or very heavy items. The general rule of thumb is will it take two people to carry the item? For example, please do not donate items such as armoires, entertainment centers, sofas, and other large furniture or items. We also don't take old style tube TVs (but we do definitely take the modern, thin, light-weight LCD TVs).

That's it for now! If you have any questions, please contact Mark Hanes (contact info in Realm)

Thanks for all your help and great donations to the sale!

~Mark Hanes

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ST. PATRICK'S

BREASTPLATE

Volume 41, V

The **BREASTPLATE** is

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From the Rector's Desk

SUMMER IS COMING!!!! Ironically, as I'm writing this, Ohio has decided to have one last cold snap. Nonetheless, my faith is not shaken. Warmer weather is on the way, which means in no short order summer will be upon us. If you are like me, you might have the impression that summer is a slower less busy time, a time of rest and recreation. However, in adulthood, I have found summer to be simply a different kind of busy. Between summer camps for the kids, vacation, gearing up for the fall, yard work, home improvement, and, and, and...the summer flies by quickly.

However, no matter the time of year, our discipleship of Jesus Christ never stops. It's like breathing or our heartbeat, it simply should not cease. Discipleship includes an infinite number of behaviors, but I find it helpful to focus on four general areas: worship, service, giving, and study. Worship should be done at least weekly. Gathering with others to offer a sacrifice of thanks and praise, to meditate upon God's word, and to receive the sacraments is central to discipleship. It's like we pray in the post communion prayer: we are fed the spiritual food of the body and blood of Christ so that we can go into the world to do the work God has given us to do. Which leads us to the second practice of discipleship: service.

Being of service to others in the Name of Jesus can take a formal or informal shape. A robust practice of discipleship includes both. A formal practice could be donating food to the Dublin Food Pantry, helping prepare meals with the Friends of the Homeless ministry, or participating in a Habitat for Humanity build. Informal practice is a random opportunity to help someone: picking up sticks in your elderly neighbor's yard, holding the door for someone at the store, baking a casserole for a grieving family, or any other act of kindness or charity that presents itself. For a healthy and robust discipleship practice, formal service should be done at least once a month and informal practice should be done when the Holy Spirit presents an opportunity for you.

Giving, for some folks, is the most awkward form of discipleship to talk about. Jesus talked a lot about money, or more specifically our relationship to it. Money is a spiritual force and left unchecked, it can have a tremendous negative power over us. Giving money away negates money's power over us. It's that simple. The next question often asked is how much one should give. The answer is as much as you possibly can, and that number is probably more than you think. Now take a deep breath and don't get anxious or defensive when you reread my previous sentence. Of course, you should not give to the point that you can't pay your bills or provide basic needs for yourself. Nor am I saying you should deny yourself every luxury or treat in order to have more to give. I'm not saying that at all. My point is that we often aren't mindful of our money nor our true means of giving. Often, when we take a prayerful look at how much we actually have, and how much and on what we are actually spending it, we find we have more opportunity for generosity. Therefore, I invite you to make a budget mindfully and prayerfully, and instead of giving leftovers to the church and charity, ask the Holy Spirit what first fruits you can offer to God through the church and to the world through charity.

Lastly, learning is an act of discipleship. The primary form this takes in a life of discipleship is the reading and study of scripture. It's so important it's explicitly stated in ordination vows for clergy that they commit to reading and studying God's holy word. It's also implicitly stated in the baptismal covenant that all of us renew several times a year. In it we take a solemn vow before God to, "continue in the apostle's teaching and fellowship, in the breaking of bread, and in the prayers." The apostle's teaching is held in the Holy Scriptures of the New Testament AND the Old Testament (a.k.a. the Hebrew Scriptures). The earliest apostles were Jews, and their basis for reflecting on their relationship with Jesus was the scriptures they grew up with, the Hebrew Scriptures. Therefore, to be disciples of Jesus it is imperative that we read scripture and reflect on it regularly. This is what we do with the scriptures and sermon in Sunday Worship, of course, but what we do on Sunday is also practice for the rest of the week. So, a robust discipleship includes daily scripture reading, study, and reflection.

I am excited for the summer, even though it's going to be super busy. Despite all the activities and obligations of summer, I hope you will join me in a robust practice of discipleship filled with worship, service, giving, and learning.

God's Peace, Rev. Dr. Jason Emerson †

The Breastplate

Join us on Sunday, May 14th as we celebrate women of all kinds whose nature allows them to nurture those around them with the love of a mother's heart. All women, ages 18 and older, are invited to take a gift as you leave the service today as a token of our appreciation for your care.

Celebrate with us at St. Patrick's and bring your mom to church!





Graduate Recognition Sunday!

On Sunday, **May 21st**, we will recognize those who are graduates. Our high school senior acolytes will be given a special gift for their service and all grads will be recognized in some way

during the service. If you have a grad, please make sure you email Amy in the church office by May 15th at administrator@pats-dublin.org. Click <u>HERE</u> for the graduation announcement form to complete and return with a photo of your graduate. We recognize high school, college, EFM, trade school, etc. so please submit!

Thank you!

Saint Mark's Episcopal Church Culture and Artisan's Fair

Saint Mark's Episcopal Church is hosting a Culture and Artisans' Fair on Saturday, May 6 from 10am to 3pm.

There will be artisans selling handmade items from all over the world. There will be food and music and an opportunity to interact with the artisans and hear their stories.

Saint Mark's is located at 2151 Dorset Road, Upper Arlington. The Fair will take place on the front lawn of church, at the corner of Dorset and Tremont Roads. In case of rain the fair will be in the parish hall of the church, so come rain or shine.

Adult Forum

Easter Series: End of Life Planning

In the Christian faith, we believe that while death is **an** ending it is also **a** beginning. As with all transitions it is best to plan ahead. Furthermore, the arrangements we make for the end of our mortal life are a final testament to our beliefs and our faith. Lastly, planning ahead is an invaluable gift to those that survive us. I've sat with families where the loved one had everything planned. Consequently, the family was not required to make a host of decisions in the midst of their grief; rather, they could simply grieve. Conversely, I've sat with families that did not have anything planned and the extra burden of decision making, while everyone was hurting, landed upon them.

So, join us in late April and May in the Adult Forum to learn about the theology of end of life planning as well as ways to do it. Here's the schedule for the offering:

April 30th – Funeral Planning and Hymn Sing (Fr. Jason and Jennifer Bell)

May 7th – Planned Giving and how to leave a Christian Legacy (John Rucker)

May 21st – Advance Directives and Living Wills (Dn. Vahagn)

St. Patrick's History Notes

We needed a police escort for the 120 cars lined up at Sells Middle School to drive to the site where the church would be built.

We strung extension cords over Tara Hill to an apartment so that we could have music.



Invite · Welcome · Connect

Welcoming our online guests and parishioners is an important part of the IWC mission. Each week Angel C. greets and communicates with those individuals in the St. Pat's YouTube comment section so that all are experiencing the loving kindness our joyful community of faith offers. And, if you see Angel on his phone during the service, know that he is bridging that love. Be sure to wave to our online members during the peace to be sure that everyone feels welcomed!!

Wellness Words

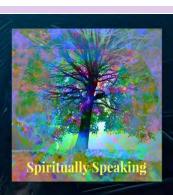
Springtime. Birds are chirping and courting. Nest building is in progress. The flowering trees are gorgeous this year. Gardeners are out checking on their perennials and planning a trip to the garden store to see what is new. Snow shovels are back in the garage and walking shoes are out of the closet.

Before putting away the Living Compass Lenten booklet, check out the picture of the overview of the Living Compass Concepts on pages 8 and 9. Pick the concept you are proudest of and congratulate yourself. Maybe it is time to add another concept to begin to address. Maybe not, so wait for a better time. Remember to enjoy your progress. If you are ready to expand, go for it. Remember goals need to be specific, realistic, and measurable. Two out of three is not a good idea.

Covid seems to be receding, but we need to remain vigilant about handwashing. Of course, any activities to help keep Covid at bay work for all upper respiratory diseases, including common colds that may be lurking in the neighborhood.

Lissa and I welcome springtime and send best wishes to all to enjoy the days ahead.

Rose Walker



Spiritually Speaking

The Purpose of Prayer

"The purpose of prayer is to grow in effective love of God. So in prayer we seek devotion that is, the consolation that draws us into deeper union with God — the better to love and serve in everything we do."

Dean Brackley, S.J.

First, this reminder of purpose, the "why" of prayer, is a good one for me because I often get too caught up in *how* to pray. All the different ways to pray – with Scripture, guided meditation, rote prayers, conversation with God, and silence are just a few - are in service to the "why." St. Ignatius wrote that as we find our way along the path of prayer, God sees and knows what is best for us, and will show us the way. We can trust God to guide us along the path of prayer that's right for each one of us as we try different ways of praying. *(Brackley)*

Second, Fr. Dean spoke of consolation, referring to the teachings of St. Ignatius, in which "consolation" means "inner peace, spiritual joy, hope, faith, love, tears, and elevation of mind." Those sound familiar as the fruits of the Spirit that Paul describes in his letter to the Galatians, and these are good markers for us on the path. (Gal. 5:22)

Finally, in those times that consolation and God seem absent in my prayer, I have to remember that it is God who calls us to prayer, loving us and wanting to draw us near. We also have to trust that those prayers are not spoken into darkness, but into the heart of God. We just need to keep praying as the Spirit guides us, and then press our hearts, hands and feet into loving service.

Reference:

Brackley, Dean, S.J. The Call to Discernment in Troubled Times: New Perspectives on the Transformative Wisdom of St. Ignatius of Loyola. New York: The Crossroad Publishing Company, 2019.

Grief Support

The Grief Support gathering will be Monday, May 15, 2023, at 6:30 pm in St. Patrick's library. Please consider joining us if you have lost your spouse or another significant member of your family for love, support, and understanding as we travel together this road called grief. If Dublin schools are cancelled due to inclement weather, we definitely will not meet. We have added a Zoom link and will use the OWL if you wish to join us by Zoom. Please let Becky know you want to Zoom and she will send the link. Please contact Angel Cinco or Becky Stains for more information.

Calling All Superhero Volunteers: The Hero Hotline Needs You!

Called Together to Serve God!

Adult and youth volunteers are still needed to help make this year's VBS a success. Please contact <u>Annika Russo</u> or sign up on the volunteer roster at the VBS table in the back hall if you are interested.

VBS Registration Now Open!

Registration for VBS is now open for St. Patrick's members!

Children are invited to join Super Meer and become a member of the Hero Hotline as we answer God's call together to serve, bring peace, and build each other up!

When: July 17-21, 2023 Time: 9:00 am – 12:30 pm Ages: 4 years – rising 5th graders Register online:



Dublin Food Pantry

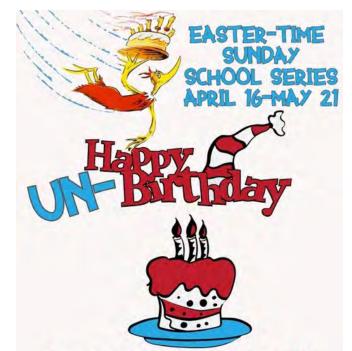


Nothing Bundt Cakes, Dublin May 1-6th

Nothing Bundt Cakes, Dublin, May 1-6th, 30% of all purchases the whole week come back to the Dublin Food Pantry! This includes purchase of gift cards during that week. Think upcoming graduation parties, Mother's Day, etc. Just mention the Pantry when you order.







(ome celebrate the amazing YOU with the last Sunday School series of this school year!

11:00-12:00 Play & Grow for Pre-K-2nd grade in Children's Chapel Grow & Learn for 3rd-5th graders in the basement classroom

Thank you to those who donated diapers and socks to the Sunday School's Lenten donation drive to support Laundry Love. Reverend Alison English brought our quarters from our alms-giving folders and our socks and diapers to the Cincinnati-based ministry to be dis-



tributed at their monthly events. Thank you, St. Pat's, for supporting our children as they grow in faith and learn to serve each other!

THE RECTOR, VESTRY & WARDENS OF ST. PATRICK'S EPISCOPAL CHURCH

The Rev. Jason Emerson Rector Ed Yuhas, Senior Warden Roy Barker, Junior Warden Vicky Bratton Alex Carter Bill Eddy Dick Gehman Beth Landers

Blair McGinnis John Russo Ben Trotter

Measuring success ... Walking the Line

If I were to ask you to describe a successful event at St. Patrick's, you might say one with high attendance or that met a fundraising goal. Or perhaps you might say one with great volunteer involvement or an event that created a happy feeling for those who attended. After fourteen years of fish fries, I have a different view: Community outreach.

I am going to quote one of my favorite singers of all time. But first, I need you to visualize one of our Friday fish fries at 5:45 PM, just fifteen minutes before the event begins. There's the chaotic countdown checklist: Are the fryer's burning full blast? Are the prepped foods ready? Money changers ready? Beverages? Broiled fish? Mac and cheese? Slaw? Servers in place? Runners? Fry boss on the ready line? Hey, what about me? Am I ready? Who cares! Time for the opening prayer and then to let our skilled, hard-working volunteers take over.

And then, we open the event and before you know it, people are standing in line as far back as the admin office doors. That's when I do my Johnny Cash. "Because you're mine, I walk the line!" That is one of my favorite parts of the evening, walking the waiting line and meeting the community. Walking around the tables collecting dirty plates and thanking the people for coming to our event. But, what really excites me is finding new faces and ask-ing, "Is this your first fish fry at St. Pat's?" Then after they eat, clearing their table and asking, "How was it?" The feedback is always excellent.

This year, we had a group of 3 couples who apparently, during Lent, test area fish fries. They rated us as tops and named all the churches they visited during the year. We even had one woman who insisted on knowing who our fish distributor was so she could order their fish. I gave her the name of the company, but had to let her down by explaining that she must order about 250 servings for the company to consider doing business with her.

At the end of the event, people leave and the cleanup begins. I walk around doing odds and ends, then the finance door opens, and the money changers ask the usual question, "Do you want the numbers?" They give me the total of paid meals and revenue. I quickly analyze if the event broke even, and it usually does. *We just broke even*.

After the end of the last fish fry this year, (March 31st), Charlie gave me the numbers. I went home exhausted and said to Brenda, "Well we covered the event costs, but it looks like we are below for our Habitat donation." I sat back in my chair and thought of all the people we served, our volunteers, and what I should have done differently.

Next Sunday morning, I see Charlie with a big smile on his face! "You want all the numbers? I mean everything we have brought in like meals, beverages, and donations?" Of course, I do! Charlie puts his hand on my shoulder and says, "How about \$11,400?" He could tell by the look on my face that I was so relieved. I knew we spent \$6,000 on food, beverages and supplies.

About 12 years ago, Vestry wanted me to talk about our fish fries at one of their meetings. I had numbers: cost per meal and attendance. I projected to them what I saw happening profit-wise for the future. I was not optimistic. I remember several of them saying, "Bill, just do the fries. We will meet our obligations to Habitat. This is an event that draws the community to our church." They were right; donations from our church community made the difference and they always come through.

Finally, the person who inspired me to ask for donations was Julie Righter. It was a hard pill to swallow (I hate asking for money), but she made me do it. Thank you, Julie.

YOU (the donors and volunteers) help save our fish fries -and make our Habitat donations possible! Thank you!

Bill Eddy

Boy Scout Update

Troop 299 held its winter Court of Honor on March 14th in the parish hall. This event recognizes the scouts who have earned merit badges and rank advancements during the recent months. There were about forty scouts and twenty parents in attendance. Several boys earned their Citizenship in the Community and Citizenship in the World merit badges-- both are required to achieve the rank of Eagle Scout. Five boys completed the leadership, skills, and merit badge requirements to advance in rank with two scouts receiving their Life Scout rank preparing them for their journey to Eagle.

In addition to the merit recognitions, scouts shared their experiences from the troop's winter activities which included an overnight lock-in at Play CBUS, a ski weekend at Boston Mills, a visit to Rickenbacker Air National Guard Base, and zip lining in a cave at Louisville Mega Caverns.

The troop is now planning for their upcoming activities. In April, they will host a "Back-to-Basics" backpacking trip where they welcome new boys who have joined the troop from Cub Scouts; in May, they will travel to Kelly's Island to camp overnight and circumnavigate the island by bike before a pizza dinner; and, in July, they will travel to Somerset, PA to attend Summer Camp for a week in the Allegheny Mountains.

To learn more about Troop 299, please reach out to Jim Bratton, Charter Organization Representative for the troop, or visit <u>www.troop299skc.org/</u>



Court of Honor





Ski Weekend at Boston Mills



Rickenbacker Air National Guard Base



Audio Visual Update

Hits and click and views. Oh my!

That's the reality of today's world. In the social media world, so many people have a need to be viewed, liked, shared, and retweeted. It intensified greatly when Covid entered the world. Those of us isolated from the world gravitated toward our social media comfort blankie to assure ourselves that everything was going to be okay.

As all of you know, during the Covid outbreak, our streaming numbers increased while our in-church attendance dropped dramatically. Now we are heading toward normal attendance numbers and find ourselves thinking about how we retain church attendance while moving streaming viewers back to the church.

Remember Rev. Stephen's sermons and remember how he would talk about biblical history? He would start his sermons with a briefing on the gospel reading and then have you visualize the timeframe. That's where the first ideas of a large screen first came about. We already had a projection system but that really was used for Adult Forum to enhance a topic or for other presentations around the church. But for the dynamics of the lighting in our church the projection system was never bright enough, therefore it could not be used for regular church service.

Today most churches use LCD screen technology. Our hope is that the in-church attendees will have the same enriched experience as the streaming or online viewers. What do streaming viewers see that in church attendees don't?

Ten minutes before the stream starts, we air the St. Pat's news and any upcoming important events. We also air news and other information that is provided by the dioceses. During Father Jason's sermon we show overlays that enrich his sermon. (Visual overlays are what you see when you watch local or network news.) The goal is to have in-church attendees see the same overlays as the streaming viewers. We also hope that when we have presenters, instead of dragging the A/V cart out, all they will have to do is connect to the LCD system. Lastly, when we host a funeral, we will show the deceased's life in pictures.

A big thanks to Tim Carty for helping make this possible. You need a pro like him when trying to hang a six foot wide, 80 pound TV eight feet high!

Bill Eddy



Thank you to the team of parishioners who helped us Journey Through Lent with dai-

ly devotions posted on social media! Lissa Barker, Alex Carter, Heather Dudash, Tawnya Lewis, Zach Morris, Kim Nelson, and Ben Trotter. Your daily devotions reached our church family far and wide and helped us keep a holy Lent together.



UTO

If you haven't picked up your UTO box, they are available in the Narthex. Please continue supporting this worthwhile project. **We will collect boxes on Sunday, May 7th.** Thanks for your support.

Summer Office Hours

Reminder: The church office will be closed on Monday, May 29th for Memorial Day and then summer office hours begin on Friday, June 2nd. We will be open Monday through Thursday, 9:00am to 3:00pm and 9:00am to noon on Fridays. Thanks!



Youth Group

Remaining Dates for the Program Year:

May 5th & May 6th - Bake Sale during the Garage Sale

May 7th - Peer Ministry and Rite 13

May 14th - Formation and Rite 13 Rehearsal

May 21st - Year End Celebration at Glacier Ridge

June 4th - Rite 13 Ceremony during 9:30 Service



Thank you to the Youth Group moms who put together an awesome glow party with fire-pit and Peep s'mores! We all had so much fun! Thank you, too, to all the youth who helped hide Easter eggs for the little kids. We had a great turn out of hiders and hunters, lots of treats were found, and smiles shared! We have been learning and serving together all month; joining Father Jason for more Peer Ministry lessons, working together to unpack the mysteries of the book of Job through games, and preparing for another year of Rite 13 graduates. If you are interested in participating in the Rite 13 ceremony this June, please contact Tawnya Lewis for more information. Be on the lookout for your Youth at the spring garage sale selling homemade baked goods to support our summer mission trip to Asheville, NC. If you would like more information about the mission trip, please contact Tawnya Lewis.





Acolyte Training

We will be having an acolyte training class after the 9:30am service until noon on Sunday, May 7th. Serving as an acolyte is open to anyone ages 10+ (children and adults.) If you would like to be an acolyte, or are already an acolyte and would like to be trained on another acolyte position, please plan to attend. If being an acolyte is something you have ever considered, I would high-

ly encourage you to attend and see if this is a ministry you'd like to be a part of. We are especially looking for new acolytes who are interested in serving as torchbearers.

Service as an acolyte is an important ministry at St. Patrick's. Acolytes, whether they be torchbearers or crucifers or servers, are leaders during the worship services at St. Patrick's and provide critical and visible support to the clergy.

Please reach out to Matt Lewis <u>milewis@columbus.rr.com</u> or Father Jason to confirm your attendance or if you would like to be an acolyte but can't attend this event. I will be happy to work with you to schedule 1-1 training or another group class as needed.

Celebrating May Birthdays



Laurie Allen Esther Azizyan Danny Barnhouse David Beebe Graham Bethune Angel Cinco David Cline Lyla Cline Sharilynne Cline Chris Cofer Jill Collins Evelyn Emerson Isaac Emerson Iodie Emerson Bill Fairweather Roger Faulkenberry Kenyra Glasgow Tara Gleason Sara Hallermann

Erin Huffman-Richard Fran Johnston Jordan Jones Steve Keeran Daniel Kennedy Mike Kennedy John Kindelin Victoria Lewis Evelina O'Neill Bill Orosz Miles Randolph Kaitlyn Rogowski Broder Russo **Reese Scheid** Ted Scheid Kelsey Sicker Ian Smit JoAnn Smith Matthew Stottmann Wesley Tiemstra John Wells Barbie Yehsakul Jo Yuhas



Celebrating

Tim & Molly Carty John & Pam Johanssen Ann King & Don Ritchey Dave & Kerry Kopelcheck James & Tracey Kubik G.W. & Shannon McCarthy Warren & Dawn Mock Fritz & Deb Monroe Michael & Mollie Phelps Lance & Katie Rapp Cory Richard & Erin Huffman-Richard John & Louise Rucker Neal & Quinn Seaborn





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A Joyful Community of Faith

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