



# THE BREASTPLATE

## The Newsletter of Saint Patricks Episcopal Church

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## Holy Week 2024

Worship Schedule

<b>PALM SUNDAY</b>	<b>WEDNESDAY</b>	<b>MAUNDY THURSDAY</b>
8 AM •9:30 AM 4 PM Holy Week Workshop	Noon Eucharist	7 PM
<b>GOOD FRIDAY</b>	<b>HOLY SATURDAY</b>	<b>EASTER</b>
7 PM	10 AM Holy Saturday Service •6:30 PM Great Easter Vigil	8 AM •9:30 AM 11 AM Egg Hunt •11:30 AM

• Nursery Available

## WAYNE HOLLIDAY MEMORIAL LENTEN FISH FRY DINNERS

March 1st, 8th and 15th  
6 PM

**\$12.00 per adult**  
**\$ 8 per child 12 and under**

**MENU: Fried or Broiled Fish, Mac & Cheese, French Fries, Tater Tots, Cole Slaw, Dessert, Tea, Adult Beverages, and Fun.**

**TAKEOUT ORDERS ARE AVAILABLE**



## From the Rector's Desk

### Lent

By the time you are reading this article we'll be a couple of weeks into Lent. Lent is the season where the church invites us to journey alongside Jesus for 40 days. We journey preparation for the Passion, Death, and Resurrection of Jesus. We journey alongside Jesus to Jerusalem. We journey toward the end of the world as we know it.

At least I hope so.

I'm writing this article the day after Ash Wednesday, the day after Christians around the world marked the beginning of the lenten journey by receiving ashes on our foreheads. We received them to be reminded of our mortality and our distance from God. We were marked and reminded to take a step back and take a long hard look at ourselves. Through the disciplines of self examination and repentance begin the journey toward reconciliation with God.

Ash Wednesday this year was also the occasion of yet another mass shooting this time at the Kansas City Chiefs rally celebrating their SuperBowl victory. Sadly...oh so sadly...this wasn't the first time there was a mass shooting on Ash Wednesday. In 2018, the Parkland High-school shooting also occurred on Ash Wednesday which was also February 14th.

My heart has been, and remains broken and grieving for the victims, the families, and in deed our whole nation. I grieve that we continue to let our idolatry of the 2nd Admendment prevent us from ending this nightmare.

I can't help but wonder, and maybe even hope, that this lent we will take a step back as a nation and repent. That we will begin as a nation to journey back to God.

In Grief,  
Father Jason

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### THE RECTOR, VESTRY & WARDENS OF ST. PATRICK'S EPISCOPAL CHURCH

The Rev. Jason Emerson Rector	Angel Cinco	Blaire McGinnis
Ed Yuhas, Senior Warden	Bill Eddy	Lynette Palmer
Roy Barker, Junior Warden	Randy Edwards	Kelsey Sicker
Vicky Bratton	Beth Landers	Ben Trotter

## Wellness Words

Generally, these Wellness articles are topics with applications that have some individual appeal. When it is my turn, I usually circle around a couple of topics, try to think broadly, zone in on something, and begin writing to meet the Newsletter deadline. This month is different, a story about a Christmas gift I was not expecting.

My aunt celebrated her 98th birthday in November. In early December she fell and fractured a bone in her leg. ---- to the E.R., admission to the hospital, followed by 8 weeks of rehabilitation. Because of the distance involved, I sent prayers, notes, and cards and checked in with my cousin. My first visit came later. I found my aunt sitting in a wheelchair, a big smile on her face. She had gotten “dressed up” and even wore a little makeup. My aunt is excited about going home. Weight bearing exercises in physical therapy and her commitment to rehab were working well.

By chance, in another room close by, John a person I didn't know very well, was also a patient. He had had a serious stroke. He could not speak or move without assistance. By watching his facial expressions, he did seem to understand and could communicate some of his needs. His wife, Karen, who I did not know at all, was visiting. Both are facing an unknown future, --an active listening opportunity. Active listening—trying hard to listen carefully to someone and not be thinking about our response while they are still talking. I sat quietly while she told her story.

Karen expressed concerns about an unknown future and how best to communicate with doctors and staff. I talked with her about using the phrase, “Help me understand.” This can get a conversation going with the doctors and others involved in her husband's care. That way planning can begin when the time is right. “Help me understand” can be helpful in many different and possibly difficult conversations as well. We did a little practicing to get comfortable with the phrase. Probably something we all should do. 😊

Two very different hospital visits. Prayers will continue of course for all involved. Active listening will help the future thought and planning process. In the hectic, frantic, frightening world in which we currently live, Active listening is a skill we all should use more. As I was leaving to start the drive home, I hugged John's wife and touched John on the shoulder. I blew them a kiss from the doorway and got two smiles. A Christmas gift.

*Many people are looking for an ear that will listen...He who no longer listens to his brother will soon no longer be listening to God either...One who cannot listen long and patiently will presently be talking beside the point and never really speaking to others, albeit he be not conscious of it.*

DIETRICH BONHOEFFER (1959)

Lissa and I wish you happiness, peace, and more comfort using active listening in the future. 😊🎵🎵

### Rose Walker

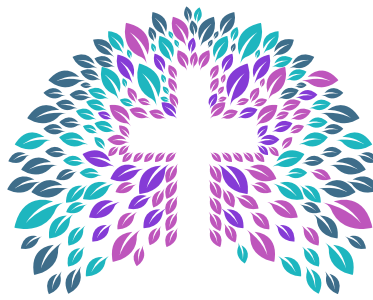


## Grief Support

The Grief Support gathering will be Monday, March 18, 2024, at 6:30 pm in St. Patrick's library. Please consider joining us if you have lost your spouse or another significant member of your family for love, support, and understanding as we travel together this road called grief. We have added a Zoom link and will use the OWL if you wish to join us by Zoom. Please let Becky know you want to Zoom and she will send the link. Also contact Becky if you would like transportation to our gathering. Please note if Dublin schools are closed due to inclement weather, we will not meet. Please contact Angel Cinco or Becky Stains with questions.

## Spiritually Speaking:

### Lenten Spiritual Practices



#### Ephesians 2:4-7

“but God, who is rich in mercy, out of the great love with which he loved us even when we were dead through our trespasses, made us alive together with Christ—by grace you have been saved—and raised us up with him and seated us with him in the heavenly places in Christ Jesus, so that in the ages to come he might show the immeasurable riches of his grace in kindness toward us in Christ Jesus.”

By the time you read this, we will have been in the season of Lent\* for at least two weeks. You might be new to this season, or maybe you’ve engaged with Lenten spiritual practices for decades. Perhaps you’re somewhere in between, like me. Lent is overall a season of repentance and preparation for Easter and in many churches, it is a time when those who will be baptized prepare for their new life as Christians. There’s lots of resources about Lent at the Episcopal Church website (<https://www.episcopalchurch.org>). It’s not too late to start a Lenten spiritual practice, or if you’ve fallen away from practicing what you’ve chosen, to begin anew.

The author Esau McCaulley shares wisdom about Lent:

- Lent is overall about repentance, turning away from our sins and towards God. Yes, this is confronting our failures, but see the next point....
- God’s grace meets us over and over again- God is “rich in mercy” and “abounding in love and faithfulness” (Ephesians 2:4, Exodus 34:6). God does not get tired of forgiving us and helping us turn away from sins the way that we might get tired of asking for help.
- Lent is not about God’s anger with us for our sins- it’s about a God who is for us, and with us, who saves us from our sins.
- There’s no single way to observe Lent that we must follow. Lent is not a series of rules, but instead a gift of the collected wisdom of the church from its earliest times, and the practices are tools that bring us to a “closer walk with Jesus”.
- We choose Lenten practices carefully- prayer, fasting, Scripture study, charitable giving, special devotions, and justice work, for example- as we are guided by the Spirit. What practice are you being called to during Lent at this stage of your life?

The grace of God is not something that we earn through our practices, nor do our practices “lessen the work of Christ.” My hope is that our practices open a place in our hearts so that we might experience God’s boundless grace during this Lent and know more deeply what God in Christ has done for us.

#### Kim Nelson

*\*Lent is the forty days from Ash Wednesday through the end of Holy Week, excluding Sundays.*

#### Reference:

*McCaulley, Esau. Lent: The Season of Repentance and Renewal. Downers Grove: Intervarsity Press, 2022.*

## Bank Checks

In January the Pledge Secretary sent out the 2023 year-end statements. We were soon notified that there were two checks missing from a parishioners statement. After going over our records multiple times we suspected that the checks were stolen before we ever got them. After talking with bankers and getting front and back images of those checks we knew the checks were stolen. The problem has since become larger as we have discovered four more victims for a total of over \$4000.

St. Patrick's is doing things to reduce the likelihood of having checks stolen. We have moved the Pledge Secretary's internal mailbox to the safe so we will no longer have checks and cash sitting around. We have asked our main mail delivery person to leave the mail inside the church when possible and to avoid delivering on Saturdays when people aren't there. We are also considering putting a hole in the door to deliver mail through or getting a theft-proof mailbox. We are considering allowing parishioners to give money to St. Patrick's via Zelle, but that process has not yet been approved.

You can help reduce the chances of us losing mail to thieves. Statements are sent out 3 or 4 times per year. Just by comparing those statements to your bank records we can be notified earlier of a problem rather than waiting for it to happen again. By using Realm Giving, the transfers would be done electronically and therefore, more safely. If you need help setting up a gift in Realm, go to the church's website (pats-dublin.org), click on "Give" and select "Pledge Campaign" then go to the very bottom and click on the "Setting Up Gifts" button. If you need help logging on to Realm, our Parish Administrator can help, if you need help using Realm the Pledge Secretary can help. Here is a link to the instructions:

<https://pats-dublin.org/wp-content/uploads/2023/12/Setting-Up-Gifts-in-Realm.pdf>

### Charlie Horton - Pledge Secretary



### St. Patrick's Endowment Fund



As we were reminded at the annual meeting, we do have an Endowment Fund at St. Patrick's which has been in existence since 2016. Through the pandemic and after, the annual pledge drive/church budget has been more in the forefront. The Endowment Fund will stay in place basically for as long as St. Patrick's exists, so your contribution can readily impact the present and future outreach of our church. Contributions to the fund are for Education and Outreach. Though it has been growing ever so slowly through the years, contributions and investments are now to a point where distributions may happen as early as next year. Those familiar with endowment funds know that some congregants have monies earmarked for the fund in their wills, while others make annual contributions similar to their regular pledge contributions. Still others simply make occasional or one-time contributions. The giving process is reasonably simple. You can use Realm by selecting 'Endowment' as the fund you are giving to or write 'Endowment' in the memo of a check given to the church or placed in the offering plate. Please consider a contribution of any size to the St. Patrick's Endowment Fund this year to allow for perpetual impact on education and outreach at St. Patrick's.



Thank you to everyone that participated in Shrove Tuesday. The fellowship experienced by all those that participated was incredible. Several new families experienced St. Patrick's for the first time. We fed over 100 with both pancakes and the joy of our church. Most importantly, we were able to donate \$550 to the CATCH/Freedom ministry. An event like this is only possible because of our wonderful St Patrick's community.



Thank you

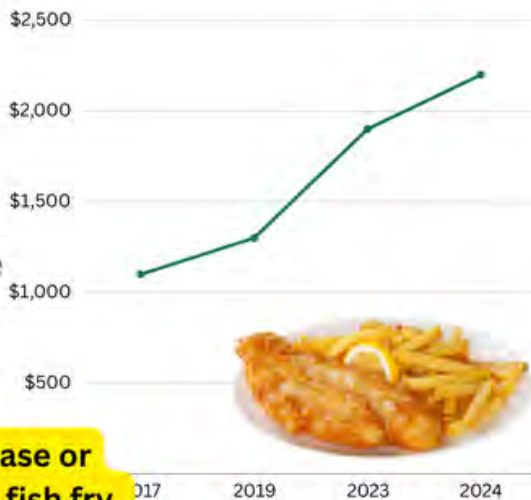


Please contact **BRENDA EDDY** or **BILL EDDY** to help sponsor a case of fish or fries to help offset rising prices.

In 2019 (Covid) our price for each fish fry was \$1,300.

In 2024 our price for each fish fry is now \$2,200.

That's a 41% increase or \$900 more for each fish fry.



Price inflation is evident when it comes to planning a fish fry dinner. If you want to donate specifically to the Fish Fry Fund through Realm, make sure to select Fish Fry from the dropdown menu so the funds go to the correct place.

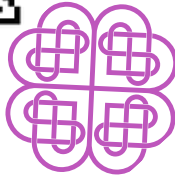
**NICC's 18th ANNUAL INTERFAITH IFTAR — Wednesday March 13th, 2024 at 6:00 pm EST**

Good day Dear Community Leaders and Interfaith Partners — We pray this message finds you all well! Greetings of Ramadan to you all and your loved ones. On behalf of Noor Islamic Cultural Center and its leadership team, I would like to invite you and a guest to our Annual Interfaith Iftar dinner on Wednesday March 13th, 2024 at 6 pm. We look forward to your attendance. Kindly send your RSVP to [iahrsmalik@yahoo.com](mailto:iahrsmalik@yahoo.com) by March 1st, 2024 with exact number of your guests. Please also send us the name (s) of your guest attending. We have a limited capacity seating so it will be first come confirmation basis. Once again, Ramadan Mubarak and we look forward to seeing you soon. Best regards, your friend and brother in faith and humanity — Imran Malik



رَمَضانُ مُبارَكٌ

## St. Paddy's Day Potluck



### We're Dublin the Fun this Year!

Join us as we welcome Bishop Kristin Uffelman White to St. Patrick's! We're throwing a parish-wide St. Paddy's Day Potluck at 5 p.m. (following the 4 p.m. service) on Sunday, March 17th in Smith Hall. Sign-ups for dishes are encouraged so we have enough variety to feed everyone and have an approximate headcount - just scan the code. As always, all are welcome - so grab a friend and wear your green. It's time to Paddy!

**If code does not work click here**



Congratulations Rt. Rev. Kristin Uffelman White on answering the call of being our first female bishop of Southern Ohio. A huge shoutout to everyone who participated in the service. Thank you for representing St. Pats.



## Meet our Associate Priest-Cathrine Duffy

### Starting July 1st



Catherine Duffy is a lifelong Episcopalian, outdoor adventurer and nature enthusiast. She has 15 years' experience in HR and HRIS leadership partnering with operations professionals looking to streamline their work. After spending many years in corporate jobs, Catherine answered the call to ordained ministry. She was ordained to the transitional diaconate in December 2023. She is the co-Chair of the Creation Care and Environmental Justice Commission in the Episcopal Diocese of Southern Ohio. She serves on the advisory team for the Center for Deep Green Faith. She is the co-Founder and Director Emeritus of The Garden For All in New Albany, OH. Catherine holds a BA in Government and American Studies from Colby College and an MA in Counseling from Wake Forest University. She will graduate from Bexley Seabury Seminary in May 2024.



Troop 299

2024 is off to an active start for Troop 299. In January, the troop went on a Skiing and Snow Sports outing where the scouts slept in a cabin in the woods in northern Ohio. The weather was perfect, with fresh snow from the night before and sunny but cold conditions on Saturday. The scouts spent the day skiing, snowboarding and sledding at Brandywine Ski Resort and then returned to the cabin for a hot meal and night of games in front of the fire. This month, the scouts took part in another winter tradition for the troop: a Klondike outing which includes horseback riding in the snow. The boys went to Marmon Valley and camped out in tents. The weather was milder than most years but everyone still enjoyed being outside and having the opportunity to go horseback riding. Also, in February, the parish commemorated the chartering of Troop 299 in a brief ceremony following the 9:30 service on Scout Sunday (the first Sunday in February). Dan O'Neill served as the Troop's Chaplain's Aide to lead the invocation and Evan Frissora, Troop Senior Patrol Leader, provided remarks about the health of the troop as well as some reflections on his own experiences being a Scout. Sr. Warden, Ed Yuhas and Father Jason presented the Troop with a new troop flag bearing the names of Troop 299 and St. Patrick's and everyone enjoyed cake afterwards.



Join us for an Easter Egg Hunt on Easter Sunday, March 31st at 11:00 a.m. So come to the 9:30 service and stay after or come a little early for the 11:30 service. We will have a variety of eggs filled with candy and non-candy surprises. Hope to see you there!



**March Birthdays**

Arpine Arakelyan  
 Bob Arbogast  
 Laura Barna  
 Rowan Behrens  
 Sarah Behrens  
 Amy Bethune  
 Kate Brennan  
 Lisa Brown  
 Glenna Butler  
 Caroline Carney  
 Alexandra Carter

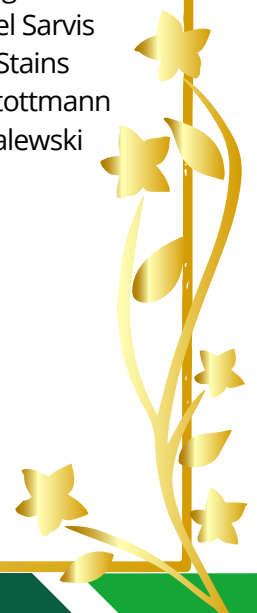
Crystal Dineen  
 Deanna Douglass  
 David Ebner  
 George Gunthorp  
 Frank Gyorkey  
 Susan Jack  
 John Johanssen  
 Aubrey Jones  
 David Jordan  
 Alex Kopelcheck  
 Grace Kopelcheck

Elizabeth Lewis  
 Gregg Mambourg  
 Elizabeth Mason  
 Julie Miller-Klein  
 Deb Monroe  
 Merritt Montgomery  
 Grayson Mooi  
 Peter O'Neill  
 Lindsey Peterson  
 Maddison Pittsenbarger  
 Matt Pittsenbarger  
 Michael Pittsenbarger

Jessica Randolph  
 Nick Randolph  
 Mitch Richert  
 Bill Righter  
 Julie Righter  
 Nathaniel Sarvis  
 Elissa Stains  
 Connor Stottmann  
 Larry Zalewski

**March Anniversaries**

Leif & Laurah Carlson  
 David & Sharilynne Cline  
 Ron & Tara Gleason  
 Theo Shannon & Pat Santanello-Shannon  
 Michael Stephens & Kayla Slomski







Join us on Saturday, March 9th as we march in the Dublin St. Patrick's Day parade in honor of our Patron Saint! Meet by 10am in metro place where they assign us to line up (more details to come) but right now, just let us know you are game to walk with us and pass out postcards and candy to parade attendees that morning!

**[SIGN UP HERE](#)**

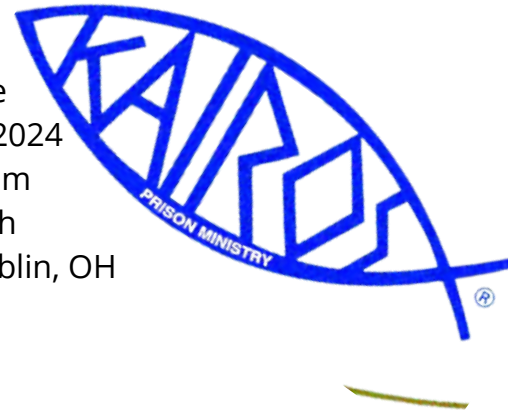
The Wonderful Wigglers for Jesus need you! After the Children's Sermon, at the 9:30am service, the Wigglers leave the sanctuary with an adult volunteer to go to the Children's Chapel to hear a kid-friendly bible story relating to the lessons from our lectionary and do a fun activity. All materials are provided along with children's bulletins for coloring. The children then return to the sanctuary at the Peace. If you would like to take a turn working with some of our youngest members, please scan the QR code or click on the link to join the team. Only a few more Sundays for the program year and then the Wigglers will break for the summer. Thanks in advance for your support of this joyful ministry! If you have any questions regarding this program, contact [Jessica Randolph](#).

**Scan code or click here to signup.**



Free Kairos Prison Ministry Info Sharing Seminar: Discover the many ways you can share the love of God with the incarcerated.

When & Where  
 Sunday, March 3, 2024  
 2:00pm to 4:00pm  
 Discover Church  
 2900 Martin Road, Dublin, OH



All former VBS leaders and teachers are invited to a reception to welcome our new Director, Eryn Kindelin Sunday March 3 at 2:00

**Holy Week Workshop March 24th 4:00-5:30 p.m.**

Join us for an exploration of the Holy Week worship services: Palm Sunday, Maundy Thursday, Good Friday, and the Great Vigil of Easter. Our Holy Week Workshop will be intertwined with the 4:00 p.m. Connections Worship Service that day. This is great opportunity to go deeper into these transformational worship services AND it is great preparation for first communion for anyone who would like to start receiving communion on Easter.

**The Intergenerstional Team,  
 Jodie Emerson and Heather Stottman**

# YOUTH CAN CHANGE THE WORLD

MARCH 3RD - INTERFAITH ADVENTURE NOOR ISLAMIC CULTURE CENTER

MARCH 10TH - MANSFIELD PRISON MUSEUM 8 AM - 2:30 PM (NO EVENING MEETING)

MARCH 17TH - BISHOP WHITE VISIT, ST. PATRICK'S PARTY AND PRISON UNPACKING

MARCH 24TH - STATIONS OF THE CROSS



Come join the fun! Youth Group strives to provide a safe and fun space for youth ages 6th through 12th grade to explore their faith, make lasting friendships, and work together to make the world a better place! This past month, our attentions turned to preparing for our annual Soup-er Bowl soup sale and making arrangements for many interfaith, deanery, and activist field trips. We gathered to learn more about the order of worship and the Way of Love. Our topics this month included both PRAY and BLESS, and we worked through how to look for unexpected gifts and blessings—and to be one. We saw the many tangible ways that the parishioners of St. Patrick's shower blessings into our community and were inspired to keep working together to bring God's Kingdom to earth. We are continually refreshed by the gifts we all bring to our ministry. Know that everyone of our youth is treasured and, while we may not get to spend as much time with some as we wish, we are encouraged by all the wonderful ways they are contributing to their communities. We are better together and look forward to serving the world together! Youth Group meets on Sunday evenings. Doors open for fellowship at 5. Dinner is served at 5:30. Formation starts at 6. Closing worship finishes at 7:30. Any questions, contact Annika Russo, Tawnya Lewis, or Angel Cinco. Hope to see you all soon!!

