



THE BREASTPLATE

The Newsletter of Saint Patricks Episcopal Church

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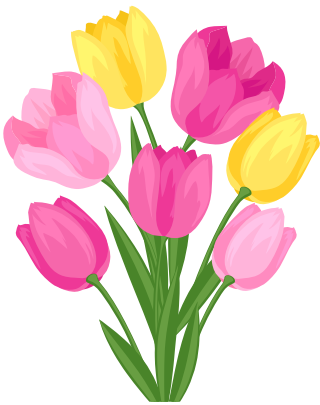


SEMI-ANNUAL GARAGE SALE



PARISHIONER PREVIEW: MAY 2ND 5-7 PM

PUBLIC SALE: FRI. & SAT. MAY 3RD & 4TH 8:30 AM - 1:00 PM



Graduate Recognition Sunday



On Sunday, **May 12th**, we will recognize those who are graduates. Our high school senior acolytes will be given a special gift for their service and all grads will be recognized in some way during the service. If you have a grad, please make sure you email Amy and Kati in the church office by May 15th. Click HERE for the graduation announcement form to complete and return with a photo of your graduate. We recognize high school, college, EFM, trade school, etc. so please submit! Thank you!



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On February 17th, we ordained and consecrated Rt. Rev. Kristin Uffelman White as the 10th Bishop of Southern Ohio. On March 17th, we welcomed her to St. Patrick's to celebrate the Feast of St. Patrick through Holden Evening Prayer, the Eucharist, a Potluck and she paid a visit to youth group. Now it's time to get to work. All kidding aside, the Bishop hit the ground running in December before she even joined the payroll and she has only picked up speed since the consecration.

A big picture project she is guiding us through now is setting the vision for the diocese. She is discerning and building this from the bottom up beginning with listening session around the diocese. This is what she wrote recently in an announcement to the clergy:

I feel the Holy Spirit moving powerfully in our midst, and I am eager to continue learning from you so that, together, we can shape a vision for our ministry.

To jumpstart our work, I have asked Ministry Architects to facilitate six days of discernment gatherings from April 29 to May 1 and from May 6 to May 8 in locations across the diocese and on Zoom. I hope that you will attend one of the meetings so that your voice and experience can inform the future of our ministry together.

Each one-hour gathering will be led by two Ministry Architects consultants, and sessions will be capped at 15 participants to ensure everyone has a chance to be heard. By the time these gatherings are concluded, I hope that we will have gathered the wisdom of clergy, lay leaders, vestry members, staff, and church members from all parts of our diocese and all walks of life. You can find a schedule for the discernment gatherings and sign up to attend below.

St. Patrick's is hosting three sessions on Wednesday May 8th at 2:00, 3:15, and/or 4:30 p.m. You can sign up to be in one of these listening sessions at <https://docs.google.com/forms/d/e/1FAIpQLSf4AyrGHuTNfltuwEtRymKuPw7D7CE5aN9NjM-33VDQydW1DQ/viewform>. Again they are capping attendance at 15 people person session; so if you are interested, sign up ASAP.

I am really, really excited for Bp. White's leadership and this critical first step in charting a new direction for our diocese.

God's Peace,
Fr. Jason Emerson+
Rector

Grief Support

The Grief Support gathering will be Monday, May 20, 2024, at 6:30 pm in St. Patrick's library. Please consider joining us if you have lost your spouse or another significant member of your family for love, support, and understanding as we travel together this road called grief. We have added a Zoom link and will use the OWL if you wish to join us by Zoom. Please let Becky know you want to Zoom and she will send the link. Also contact Becky if you would like transportation to our gathering. Please note if Dublin schools are closed due to inclement weather, we will not meet. Please contact Angel Cinco or Becky Stains with questions.

Several years ago, Lissa Barker and I were asked to write a Wellness Column for the St. Patrick's Newsletter. We were both familiar with the Travis Wellness-Illness Model and thought it could be a good resource for wellness. We found a copy and placed it on the Bulletin Board that is near the coffee pots in the Parish Hall. Sometimes when Bulletin Boards become familiar, they disappear from view. A quick reminder follows.

The Travis Model is named for Dr. Travis who developed it. The Model shows a long arrow with a point at each end. In the center is a very thin sliver that reads Neutral Zone. Neutral does not necessarily mean well. Wellness is described on one side of the neutral zone as Awareness, Education, and Growth. The idea being that looking for reliable, accurate sources for information, improving health care habits, and working with healthcare professionals as needed. "Working with" is very important. Watch the Internet sources carefully. Make sure they are reliable and are not trying to sell a product. Illness is described on the other side of the Neutral Zone as Signs, Symptoms, and Premature Death. The words Premature Death always pull me up short, but the key words here are signs and symptoms which can assist in discovering a potential problem which can trigger ways to forestall difficulties in the future.

Goal setting is a part of this. Goals need to be specific, realistic, and measurable.* Most of us underestimate how long a "change" might take and we can get discouraged when change doesn't occur as quickly as we would like. I remember a student of mine telling me she needed to lose 15 pounds in six weeks because she was going to be a bridesmaid in her sister's wedding. ****15 pounds --specific? yes, -- measurable? Yes, -- Realistic? No. (Not without violating all sorts of healthy diet behaviors.)

Springtime is a season for new beginnings. Think about New Year's resolutions, BUT the weather is better. 😊 A good time to check out the bulletin board on your way to get a cup of coffee. Later you can review some of the health care changes you have been thinking about. Make sure your goals are specific, realistic, and measurable.

Lissa and I wish improved wellness in all our lives.

*Scott Stoner Living Compass

Rose Walker



Since last month, Youth Group has had a blast!! We got to meet Bishop White and sing Procter songs with her. Three of our youth served in her consecration service. What a blessed time! Besides planning for Youth Sunday, we prepared for Holy Week with a theological reflection where baking resurrection rolls met stations of the cross. Ask our teens for more details!! We stuffed eggs, hid them, and had a glow party after the Easter Vigil. We wish a blessed Easter season to all our church family who so abundantly supports our youth ministry. Make sure to stop at our bake sale during the garage sale on May 3rd and 4th!



- May 3rd Bake Sale (Seniors lunch) 8 am - 1 pm**
- May 4th Bake Sale 8 am - 1 pm**
- May 5th - Buddhist interfaith trip**
- May 12th - Be Pentacost People**
- May 19th - End of the year celebration - Place TBD**
- May 26th - Off for Memorial Day**

Spirituality in Nature

The world is charged with the grandeur of God.

Gerard Manley Hopkins

The heavens are telling the glory of God;
and the firmament* proclaims his handiwork.
Day to day pours forth speech,
and night to night declares knowledge.
There is no speech, nor are there words;
their voice is not heard;
yet their voice* goes out through all the earth,
and their words to the end of the world.

Psalm 19:1-4



The words of poets can move us to connect with nature, and a fine Ohio spring day calls us, too— viewing the eclipse, taking a walk outside, doing some gardening, opening the windows to birdsong and breeze after a long winter, or even remembering a favorite outdoor place. Many people express that they feel closer to God in nature, and I do, too, but I must slow down enough to experience the joy, wonder, and interconnectedness of all of God’s creation in the outdoors. A recent Episcopal Church presentation from Peyton Hoegh reminded attendees that connections with nature can bring us into closer relationship to God and help us to answer the calls to creation care and the pursuit of justice for all.

We don’t have to travel to a great vista like the Grand Canyon or the mountaintops to connect to nature. A simple practice can be just a few steps out the door:

1. **Step outside with “fresh eyes” and curiosity- what catches your eye? Use your senses- sight, hearing, touch. What is interesting, what is beautiful?**
2. **Look up at the sky and closely at the ground under your feet to see what other plants and creatures living in this place and consider that it is sacred and everything in it, including you, belongs to it and is interconnected in a web of life.**
3. **How might you be experiencing the presence of God in this place?**



If you are interested, you can read more about spirituality in nature and related activities in the Diocese of Southern Ohio <https://diosohio.org/creation-environment/>. We will still be in Eastertide as you read this, and an Eastertide meditation from Rev. Scott Gunn says, “In fact, Jesus’s death and resurrection shows us that God’s love is for the whole creation. There is no one and no circumstance that is beyond the reach of God’s love.” May you experience God’s love for you and for all creation this Eastertide and always.

Kim Nelson



Take me out the to the Ballgame!

St. Patrick’s is heading to the ballpark on Thursday, May 30th to see the Clippers take on the Lehigh Valley Ironpigs at 7:05 pm. Please let Amy know if you would like to attend by May 5th. We have a block of tickets but will need to order more if we have more than 28 people attending. Sign up through Realm! (\$8/ticket.)



THE RECTOR, VESTRY & WARDENS OF ST. PATRICK'S EPISCOPAL CHURCH

The Rev. Jason Emerson Rector

Angel Cinco

Blair McGinnis

Ed Yuhas, Senior Warden

Bill Eddy

Lynette Palmer

Roy Barker, Junior Warden

Randy Edwards

Kelsey Sicker

Vicky Bratton

Beth Landers

Ben Trotter

April Vestry Summary

On April 10, 2024, the vestry meeting was called to order at 7:05 pm. In attendance were Roy Barker, Vicky Bratton, Angel Cinco, Bill Eddy, Randy Edwards, Beth Landers, Blair McGinnis, Kelsey Sicker, and Ed Yuhas. At 7:24, the vestry was joined by Rev. Dn. Catherine Duffy, Mark Hanes, and Bill Righter. Vicky Bratton led the opening prayer. The meeting started with a call for an executive session. Discussed were the recent Rector's report, Sr. Warden's report, and Jr. Warden's report. No questions were asked regarding these reports. Randy discussed our interest in solar power and how it would benefit St. Patrick's. Ed led a discussion of Vital Christian Community, Chapter 7. The vestry members discussed their visions for the Ann Robbins Exercise, with gathering, outdoor, engagement, and spiritual spaces being the common theme. Bill Righter discussed the current financial report. Pledges are down and expenses are under budget. A vote to accept was moved by Blair and seconded by Roy. Last month's minutes were circulated. A vote to accept was moved by Bill and seconded by Beth. The Stem School letter of agreement was shared with the vestry. The school will be using the basement space during the summer. The meeting adjourned at 8:45 pm.

Angel Cinco

♪ Grace Notes ♪

So, what's your favorite? What's your least favorite? What am I talking about? Hymns, of course!

I am the first to admit that our *Hymnal 1982* and our supplements *Wonder, Love, and Praise* and *Lift Every Voice and Sing II* have some amazing, powerful, inspiring, comforting, beautiful songs in them. They also have some songs that are weird, hard to sing, and make us ask "why are they in there?" I could rephrase the first paragraph in the following way (as a Methodist diocese in central Florida did many years ago). When we put together a new hymnal, what one hymn in our present hymnal do you want to see in the new hymnal? Also, what one hymn in our present hymnal do you not want to see in the new hymnal? Please email me Jennifer Bell to let me know. If you feel like expanding your email, you could let me know why you like/dislike the hymns you've chosen. You could even let me know what kind of congregational music you would like to sing at St. Patrick's. In closing, I encourage you to give some of those weird ones a try. They might grow on you. Or not, but singing is still praying twice, so give it a shot

Jennifer Bell



Landscape and Grounds

Warmer weather brings thoughts of gardening! I look forward to planting some new perennials & annuals in my home garden as well as around St Patrick's. With Ohio's crazy weather, are you wondering when it's safe to plant at your home? Temperatures are so important, including soil temps.

Seeds can be started indoors, now. The exact date for planting in the ground differs according to which source you consult, but you would be safe to wait until around Mother's Day. According to the Farmer's Almanac, the *suggested* final frost date is April 27 this year, but it's important to remember it could be as late as May 5 per the National Weather Service. Watch the Sunday News for upcoming Parish Volunteer Gardening Opportunities.

The 7th Episcopal Night at the Symphony

MOZART'S MASS IN C MINOR

Friday May 24, 2024

Ohio Theatre – 39 E. State Street,
Columbus, OH 43215

5:30pm – Reception, bar & "heavy" hors
d'oeuvres – 4th floor

2 beverage tickets included – 1 glass of wine = 2
tickets & 1 soda or water = 1 ticket

7:30pm - Performance – Seats in Prime
Orchestra

Price is **\$60.00** per person for the reception,
drink tickets & the concert.

(regular price for Prime Orchestra is \$68.50!)

\$35.00 per person for reception only

RESERVATIONS DUE MAY 10, 2024

Make checks payable to: **Rev. Bruce Smith;**
Mail it to: **627 Yaronia Dr. N Columbus, OH 43214**

May Birthdays and Anniversaries

Laurie Allen
Esther Azizyan
Danny Barnhouse
David Beebe
Graham Bethune
Brielle Brunswick
Angel Cinco
David Cline
Sharilynne Cline
Chris Cofer
Jill Collins
Evelyn Emerson
Isaac Emerson
Jodie Emerson

Bill Fairweather
Roger Faulkenberry
Kenyra Glasgow
Tara Gleason
Sara Hallermann
Erin Huffman-Richard
Jordan Jones
Steve Keeran
Daniel Kennedy
Mike Kennedy
John Kindelin
Victoria Lewis
Kellie Nadalin

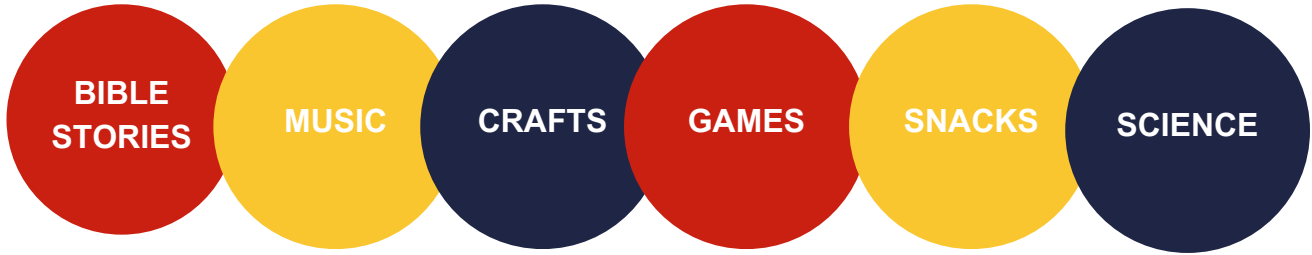
Evelina O'Neill
Bill Orosz
Miles Randolph
Kaitlyn Rogowski
Charlotte Rubinstein
Janine Rubinstein
Broder Russo
Kelsey Sicker
JoAnn Smith
Matthew Stottmann
Wesley Tiemstra
John Wells
Barbie Yehsakul
Jo Yuhas

Tim & Molly Carty
John & Pam Johanssen
Ann King & Don Ritchey
Dave & Kerry Kopelcheck
G.W. & Shannon McCarthy
Fritz & Deb Monroe
Michael & Mollie Phelps
Lance & Katie Rapp
Cory Richard & Erin Huffman-Richard
John & Louise Rucker
Neal & Quinn Seaborn



VBS Camp Firelight: A Summer Camp Adventure with God

Ready for summer camp fun? Camp Firelight teaches us to trust God to be with us in every situation. Join Counselor Sam and Lumen the firefly as our campers learn that “Whenever I’m afraid, I put my trust in you,” as we are taught in Psalm 56:3.



VBS REGISTRATION OPEN!

When: July 15-19, 2024 9:00 am – 12:30 pm

Where: St. Patrick’s

Ages: 4 years – Rising 5th graders

Cost: \$30-----\$35 (after July 1st)

Register at: <https://pats-dublin.org/vbssignup/>



CAMP COUNSELORS (VOLUNTEERS) NEEDED!

We need all hands on deck to make this year’s VBS one of the best yet! Whether you want work with kids directly or find your skill set is best behind the scenes in organizing/preparing, we can use your help! Volunteer opportunities are available for youth (rising 6th graders and up) and adults. Nursery class will be provided for infants and toddlers of crew members. Please e-mail [Eryn Kindelin](mailto:Eryn.Kindelin) to join the team!

Science Camp @ St. Pats

	Grades PK-K	Grades 1-3	Grades 4-7
June 24th	Mini Medical School	Beginning Minecraft Junior Physician	Great Masters
July 8th	Little Scientist	Junior Robot Engineer Junior Scientist	Robot Engineer
July 22nd	Little Engineer	Junior Space Explorer Marvel Movie Maker	Nintendo Lab



Camps Timings : Mon-Fri from 9am-4pm.

Pre-camp hours start at 8am

Post-Camp hours go upto 5:30pm

Every Kid is a Scientist

Learn more @

<https://columbus.clubscikidz.com>

