June 2024 Volume 42 Issue 6

A Joyful Community of Faith



THE BREASTPLATE

The Newsletter of Saint Patricks Episcopal Church

Inside this issue: VBS Camp Firelight: A Summer Camp Adventure with God

Rector's Desk.....2 Grief Support.....2 Spirituality of Aging...2 Endowment Fund.....3 Spiritually Speaking...4 Vestry Summary.....5 HS Graduates...6-7 College Grads....8 Lewis Family Announcement....8 Arts & Crafts Sale.....8 Garage Sale Follow-Up....8 Birthdays/Anniversaries...9 Landscape and Grounds....9 Summer Office Hours....9 ASL Opportunity.....9 Connections Cookouts.....10 Juneteenth.....10 Columbus Pride.....10

Youth.....11

Troop 299....11



Ready for summer camp fun? Camp Firelight teaches us to trust God to be with us in every situation. Join Counselor Sam and Lumen the firefly as our campers learn that "Whenever I'm afraid, I put my trust in you," as we are taught in Psalm 56:3.

VBS is for campers aged 4 years through rising 5th graders. Registration before July 1 is \$30 per camper.

After July 1-\$35 per camper.

VBS Camp Counselors Needed!

VBS is just a month and a half away! We need all hands on deck to make this year's VBS one of the best yet! Whether you want to work with kids directly or find you are best behind the scenes in organizing/preparing, we can use your help! Volunteer opportunities are available for youth (rising 6th graders and up) and adults. Nursery class will be provided for infants and toddlers of crew members.

VBS Donations

If you would like to help support VBS, but cannot join the crew, Look no further, we have a donation opportunity for YOU!

Our classrooms need supplies and our campers need a snack, Click a link to the right to see how to give back!

There's a collection box in the narthex, it's easy to drop it by. Gift Cards to Costco, Amazon and grocery stores... Oh my!

Thank you for your help and support, what an exciting week! May the kids in our community know the love of Jesus that they seek.

Thanks for the support, Come find us in the parish hall, For other important questions give Jess an email or a call. Amazon Donation Link- This link is for specific classroom supplies that can be ordered on Amazon and sent directly to St Patricks from your account. Click HERE.

Sign Up Genius Link for Donations-Sign Up genius is a way to sign up to provide meals and gift cards. We provide breakfast for the crew and a Pizza party for campers, families and crew at the end of the week. Gift cards help support these festivities along with additional supplies, snack and decorations for the campers. Click <u>HERE</u>.

Walk in Love

The **Breastplate** is published monthly by Saint Patrick's Episcopal Church.

7121 Muirfield Drive Dublin, OH 43017 Tel: [614] 766-2664 Fax: [614] 766 4490

Email: church@pats-dublin.org

Website: www.pats-dublin.org

Facebook: St. Patrick's Episcopal Dublin Ohio

Instagram: @stpatricksdublinoh

The Rev. Dr. Jason Emerson,

Rector
Cell phone: 402-657-0867
rector@pats-dublin.org

Articles and other items for the Breastplate should be submitted to:

Kati Glover communications@pats-dublin.org

Amy O'Neill administrator@pats-dublin.org

Every time we gather for worship and transition from word to table, I say "Walk in Love as Christ loves you..." paraphrasing Ephesians 5:2. It's an invitation. We are invited to make our offerings to God, our sacrifice of thanks and praise, as we gather around the table to remember God's sacrifice in Jesus.

Canon J. Davey Gerhard says, "When we walk in love, there is clarity of purpose. When we gather in love, bless, break, and share our gifts and ourselves with the world,..." Jesus brings transformation and sanctification to our world.

Coming this fall in our annual Pledge Drive you are invited to "walk in love" sharing your wealth, work, and wisdom to help grow this parcel of God's Kingdom known as St. Patrick's.

As I've said before, God is at work, Jesus is present, and the Holy Spirit is up to something through St. Patrick's. I invite you to begin praying about how God is calling you to share your wealth, work, and wisdom through St. Patrick's. This fall we are going to throw a party, and hear from our fellow companions on the journey. As we celebrate and pray together we'll discern our commitments to God for 2025. And, on All Saints Sunday we will ask God's blessings on our commitments.

I'm really excited for our "Walk in Love" annual pledge drive. I'm looking forward to praying alongside you, celebrating what the Holy Spirit is up to, and committing to grow God's Kingdom.

God's Peace, Jason+

Grief Support

The Grief Support gathering will be Monday, June 17, 2024, at 6:30 pm in St. Patrick's library. Please consider joining us if you have lost your spouse or another significant member of your family for love, support, and understanding as we travel together this road called grief. We have added a Zoom link and will use the OWL if you wish to join us by Zoom. Please let Becky know you want to Zoom and she will send the link. Also contact Becky if you would like transportation to our gathering. Please contact Angel Cinco or Becky Stains with questions.

Spirituality of Aging Group

The Spirituality of Aging Group will continue to meet on the second Thursday of each month. Dates are: June 13th, July 11th and August 8th from 1:00-2:30. The group has chosen conversation rather than reading a book. JOIN us if you can.

Leaving a Lasting Legacy-

The Breastplate

St. Patrick's Endowment Fund

History and Purpose

God is at work, and God is eternal. Yet we are not. How do we continue God's work in the long term beyond just our time here? Welcome to St. Patrick's Endowment Fund. Created with a vision for the future, our endowment serves as a financially sustainable and stable support mechanism to invest behind our ongoing mission and vision. Through the generosity of our members, we aim to build a lasting legacy that will make a difference in our community. Established in 2013, the Endowment Fund has grown steadily over the past few years. While it is still relatively modest in size (just over \$100,000), over time it will enable us to continue to expand our ministries and support our outreach programs. The primary purpose of this fund is to provide the financial support for unique education and outreach activities that are beyond those typically included in the parish's annual operating budget. Giving to the fund represents a secondary purpose—a means by which members and friends of St. Patrick's can exercise their Christian stewardship responsibility.

Benefits and Fund Management

Investing in St. Patrick's Endowment Fund offers numerous benefits:

- Financial Stability: A steady source of income that provides financial security and stability for our parish.
- Program Support: Funds to enhance educational and outreach programs, beyond what is available in our annual budget.
- Future Planning: The ability to invest in long-term projects and initiatives that align with the stated Endowment guidelines.

Our Endowment Fund is professionally managed and carefully invested to maximize long-term growth while preserving capital. The Endowment Committee, selected by the Vestry, meets quarterly, ensuring alignment with the values and financial objectives as stated in the by-laws that govern this committee. With a diversified investment strategy, the goal is to produce consistent returns that benefit St. Patrick's and the wider community.

How to Contribute

There are several ways to contribute to St. Patrick's Endowment Fund:

- One-Time Gifts: Make a one-time donation to support our ongoing efforts and initiatives.
- Recurring Donations: Set up a recurring donation to provide consistent support throughout the year.
- Planned Giving: Explore legacy options such as bequests, charitable trusts, and gift annuities, to leave a lasting impact on St. Patrick's. Remember St. Patrick's Endowment Fund in your will and trusts.

Additionally, are you over 70.5 years old? Do you want to maximize your donations while minimizing taxes? If the answer to both of these questions is "yes," consider looking into making your donations to St. Patrick's via a Qualified Charitable Distribution (QCD) directly from your Traditional IRA. A QCD is a direct transfer of funds from your IRA custodian to a charity such as St Pat's. QCDs can be counted toward satisfying your required minimum distributions (RMDs) for the year, as long as certain rules are met. In addition, QCDs don't require that you itemize. QCDs are also excluded from your taxable income (unlike regular withdrawals from your Traditional IRA). In summary, they are a great way to minimize tax impact and maximize your donation dollars. Please consult your CPA or tax adviser for more details, including eligibility, requirements, and limits.

Ouestions?

For more information about St. Patrick's Endowment Fund or to make a contribution, please contact: Mark Hanes, Treasurer, or Charlie Horton, Pledge Secretary.

Thank you,

The Endowment Committee

Page 4 The Breastplate

Spiritually Speaking



What About Our Dark Emotions?

Today I am praying for a friend as she undergoes heart surgery. I have no energy, I am on the verge of tears, I am a human in grief. My true love and best friend has just recovered from cancer, My Spiritual Director had a mastectomy last week. I remember my brother, my parents, my best friend in college, companions for life even in death.

May was the month for Memorials, for stopping to remember. For me, this June is a time to remember and grapple with my dark emotions. The dark emotions are not only about grief, but also about fear and despair.

We often prevent these emotions from getting too close. To be in an emotional flow is a state in which one is connected to the energy of emotion by being fully aware and conscious. To be in an emotional flow helps us to heal, tolerate and surrender to the energy of darkness, not to avoid the flow by refusing to allow our darker emotions to be felt. There are three basic skills toward healing, according to Mariam Greenspan in her book "Healing Through Dark Emotions": Attending, Befriending and Surrendering.

Attending: Learning to listen-In order to focus our energy on these difficult emotions, we need to learn to sense them in our body. Where do you feel your grief? Do they reside in your gut, in your heart, in your head? Pay attention to what is going on inside because if we do not, they just get more insistent. Are you numb to dark feelings? If so, attend to that.

Befriending: We must feel it to want to heal it. We let the feelings arise and let them be what they are--despair, fear, and grief. They call out for our attention. Do you feel like crying? Are you tired? Are you feeling sad? Try experiencing feelings rather than running from them. We have learned since childhood that we should feel happy all the time, not cry, not feel. The more we learn to pay attention and feel these emotions, we become more resilient.

Surrendering: Let it out, let it pass through your body, experience its truth. This is the way we will be able to let it go in a healthy way. I have held my dark emotions at bay in the past, feeling like if I looked at them, I might not survive the pain. I learned the hard way that this way of not facing my emotions only makes them grow towards devouring me.

Today I am sad. I feel it in my heart, I also know I will not always be sad, or despairing or fearful. I trust that these feelings will subside in time so I can go on living a healthy life.

Lisa Palchik

Page 5 The Breastplate

THE RECTOR, VESTRY & WARDENS OF ST. PATRICK'S EPISCOPAL CHURCH				
The Rev. Jason Emerson Rector	Angel Cinco	Blair McGinnis		
Ed Yuhas, Senior Warden	Bill Eddy	Lynette Palmer		
Roy Barker, Junior Warden	Randy Edwards	Kelsey Sicker		
Vicky Bratton	Beth Landers	Ben Trotter		

May Vestry Summary

The vestry meeting took place on May 8th. Father Jason reported that the diocese came under budget and as a result, a portion of our 2023 mission share will be credited to our 2024 share. The amount is yet to be determined. He also reported that he will be gone for continuing education on August 12-16th at Gethsemane Abbey and will also likely enroll in Leadership Dublin with their Executive Development Program for the 2024-2025 academic year.

On June 15, 2024 Catherine Duffy and Victoria Lewis will be ordained at Christ Church Cathedral in Cincinnati. The vestry signed the Endorsement for the Application for Ordination of Victoria Lewis. In August, the date yet to be determined, Catherine Meeks will be ordained at St. Patrick's.

Proceeds from the garage sale are to be used to fix a broken HVAC unit that controls the office. The estimate to replace will cost \$7,000. An upgrade to our current broken unit was discussed. While it will cost a little more, it will be more efficient and last longer. This idea was approved by the vestry.

The vestry discussed what to do with Anne Robbins' gift. A unanimous vote to remodel our worship space occurred after some discussion. The current building care team and a 25th Anniversary team will be created for this endeavor. A discussion of the Endowment Fund followed, and a vote was taken to designate 10% of future garage sale proceeds and tithe it to the endowment fund.

Other discussions were about partnering with Loveboldly.net an LGBTQ based organization. Kelsey Sicker will research what it would entail and report back to the vestry. And an Eagle Scout project of a labyrinth will be built for all parishioners to enjoy. A scout will present this idea in June.

Treasurer Mark Hanes reported that we will receive diocesan support for Catherine Duffy.

Our revenue is up and our expenses are below budget. Some vestry members suggested that Realm is difficult to navigate. It was suggested to research using Zelle and Venmo.

Angel Cinco





Kellan is a 2024 magna cum laude graduate with a science seal from Olentangy Liberty High School. Kellan is a scholar athlete and a member of National Honor Society and was a recipient of the OLHS Booster scholarship. Kellan is going to attend The Ohio State University to major in Music Education with an emphasis in vocal/choral performance in the Honors College. Kellan is the son of St. Patrick's members. Robert and Sarah Behrens



Christopher Cofer is graduating from Thomas Worthington
High School. While in high school, he played baritone
saxophone in the marching band, concert band and jazz band
as well as various honor bands including the Columbus Youth
Symphonic Band and the Columbus Youth Jazz Orchestra.
Christopher is a member of the National Honor Society In
the fall, he will be attending The Ohio State University
majoring in Music Education. Christopher is the son of Dave
and Elisha Cofer who joined St. Patrick's in 2008.





Ben is a 2024 graduate of Dublin Coffman High School. He earned a cum laude degree and is a National Merit Commended Scholar. He plans to attend Capital University majoring in Music Technology. Ben is the son of St. Patrick's members, Michelle and Christian Fox.



Claire is a 2024 graduate of Olentangy Liberty High School. She earned a summa cum laude degree and is a member of National Honor Society, is a National Merit Commended Scholar, an AP scholar with Honors and a member of the Spanish Honor Society. She plans to attend Miami University in the fall majoring in Biology/Pre-Optometry. Claire is the daughter of St. Patrick's members, Kevin & Denise Haney and granddaughter of St. Pat's member, Nancy Haney.

Congratulations!

200 Co





Luke Aidan McCarthy is a 2024 magna cum laude graduate of Dublin Jerome High School. While in school, Luke participated in band and was a Drum Major his senior year. He participated in OMEA Solo & ensemble and track and field. Luke was an award winner in Model United Nations competitions and received a Community Champion award. He was in National Honor Society and enjoyed participating in youth mission trips at St. Patrick's. Luke plans to attend The Ohio State University majoring in International Studies. He is the son of St. Patrick's members, Shannon and G.W. McCarthy

Dan is a 2024 graduate with honors of Dublin Jerome High School. Dan is an Eagle Scout who completed his final project at St. Patrick's by installing a basketball court on the north parking lot, a removable volleyball net in the yard behind it and rehabbing the old swing set in the backyard. While at Jerome, Dan earned a varsity letter in baseball and earned a Community Champion award his senior year. Dan plans to attend the University of Cincinnati in the fall where he will major in Business. Dan is the son of St. Patrick's members, Amy and Peter O'Neill.



Kaitilyn is a 2024 graduate of Hilliard Darby High School. In high school, Kaitlyn was a varsity soccer player and she has been recruited by the University of Akron to play D1 soccer there. She will be majoring in Sports Science. Kaitlyn is the daughter of St. Patrick's members Dan & Abigail Rogowski and granddaughter of member, Joan Hankins.



Avery is a 2024 graduate of South Lyon East High School. While in high school Avery was a member of National Honor Society and earned a varsity letter as a cheerleader and was twice a MHSAA Competitive Cheer State Qualifier and four times a Regional Qualifier. Avery will attend Grand Valley State University in Michigan as an honors student. Avery is the granddaughter of Carole and Steve Pearson who are members of St. Patrick's.

Page 8 The Breastplate

St. Patrick's College Graduates



Morgan is a 2024 graduate of The University of Mississippi. She has graduated with a Bachelor's of Science degree in Economics and Finance and is currently job-hunting for a position in her field of study.

Morgan is the daughter of St.

Patrick's members, Bill and Brenda Eddy.



Vincent Haney is a 2024 graduate of the The Ohio State University Honors program. He will graduate magna cum laude with a bachelor of science degree in Neuroscience with a minor in Spanish. While at OSU, he was Academic All Big Ten for four years and second team all-conference in fencing his senior year. Vince plans to go to medical school after graduation. He is the son of St. Patrick's members, Kevin & Denise Haney and the grandson of St. Pat's member, Nancy Haney.



Michelle Pittsenbarger is a 2024 graduate of Franklin University with a Master's degree in Cybersecurity. Michelle and her husband, Matt and children, Maddison & Michael are members of St. Patrick's and she is also the daughter-in-law of members Val & Doug Pittsenbarger.

The Lewis Family invites you to Cincinnati on June 15th at 11 am for the Ordination to the Priesthood of Victoria Lewis. The service will be downtown at Christ Cathedral with a nearby lunch to follow. The service will be live streamed. Thanks for all of your prayers and support to get her to this point!

GARAGE SALE FOLLOW-UP

Planning Ahead for the Fall Arts and Crafts Sale.

We are looking for parishioners to be part of the planning team for our second St. Patrick's Arts and Crafts Sale this autumn. If you would like to help in the planning, please contact <u>J</u>ulie Myers

Again, thank you to all who donated items to sell, worked at the sale, brought food for sustenance, and made purchases at the sale. Some did all four! A special thanks to team leaders Molly Carty, Gerene Bauldoff, Tom Jones, Julie Righter, Ben Trotter, and Peter O'Neill. Also, thanks to specialty area organizers Mariann Price, Suzanne Holliday, and Mary Horton. With sales of \$13,500, it was work well done!

Our fall sale will be on September 13th and 14th, so mark your calendar! We were short-handed with Saturday pickups before the sale and Saturday cleanup after the sale this spring. Please consider offering a couple hours this fall particularly during those times. Reach out to <u>Ben Trotter</u> for pickups and <u>Peter O'Neill</u> for cleanup.

Thanks again, Rick, Tasia, Tim, and Mark

Page 9 June Birthdays & Anniversaries

The Breastplate

Jessie Barna
Molly Carty
Thomas Clark
Reese Cline
Paul Cook
Mike de Bear
Rosemarie Deschler
Kathy Dunham
Brandon Fox
Jo Ann Freas

Evie Gates
Julie Gates
Mark Hanes
Bill Kamb
Linda Kender
Noah Kindelin
Mathew LaMonica
Emily Lawrensen
Nicholas Lawrensen
Catherine Loveland

Betty Lyle
Bill Lyle
David Mayo
Shannon McCarthy
Charlie McDowell
Julie Myers
Steve Norris
Dana Peacock
Ken Price
Margretta Russo

Peggy Schildknecht
Evelyn Shields
Janet Slack
Becky Stains
John Stains
Mike Studebaker
Becky Swift
Nick von Sadovszky
Caroline Wagner
Jim Westman

Ryan & Anna Brunswick
Chris & Debbie Cline
Dale & Chris Cochran
Stu & Jill Collins
Michael & Brittany Cray
Jason & Jodie Emerson
David & Jo Ann Freas
Ben & Susan Givens
Jim & Nancy Goddard
Susan & Jeff Jack

Landscape and Grounds



Calling all garden volunteers! Mark your calendar for Saturday morning, June 8, 9am-11:30. (Come for all or some of the time). A few hours and many hands are needed to spruce up the grounds of St. Patrick's. All this rain has created new growth including weeds, and we need to do a presummer tidy up. Please join us for some trimming and weeding and shaping and planting. Bring your preferred small hand tools, garden gloves, hat, water, and possibly a hedge trimmer if you have one. Lunch provided. Thank you in advance! Questions ? Contact Cindy Doan.

Summer Office Hours:

Beginning the week of May 27th we will begin Summer Office Hours: Monday through Thursday: 9am-3pm Friday: 9am-noon



American Sign Language

COME LEARN ASL WITH AWARD-WINNING DEAF AUTHOR JEFFREY BARBIERI.

5 week Sign Language class June 1st, 8th, 15th, 22nd, 29th Time 10:30 - Noon.

Place: 9091 Morse Rd. SW Pataskala, OH

Jeffrey is a retired Computer Hacking Forensic Investigator and published author who has been teaching ASL for 12 years.

Classes will include English Sign Language (ESL) and American Sign Language (ASL) with a focus on Deaf Culture.

Page 10 The Breastplate

Camps Timings : Mon-Fri from 9am-4pm.
Pre-camp hours start at 8am.
Post-Camp hours go up to 5:30pm.



Summer Camp Science & Fun!

Learn More Here



Every Kid is a Scientist!

	Grades PK-K	Grades 1-3	Grades 4-7
June 24th	Mini Medical School	Beginning Minecraft Junior Physician	Great Masters
July 8th	Little Scientist	Junior Robot Engineer Junior Scientist	Robot Engineer
July 22nd	Little Engineer	Junior Space Explorer Marvel Movie Maker	Nintendo Lab

THIS SUMMER COME TO CONNECTIONS AND STAY AFTER FOR COOKOUTS. COME AS YOU CAN, IT IS COMPLETELY OPTIONAL. PLEASE BRING A SIDE DISH OR A DESSERT TO SHARE. COME, LET'S FELLOWSHIP TOGETHER!



This year's Columbus Pride is on June 15. This is the same day as priesthood ordinations in Cincinnati, so we are asking those who want to march to join the Presbyterians, as we did last year. If you want to march, let Karl Stevens know. He will add you to a list that he will give to Trip Porch, who is organizing the Presbyterian contingent. Karl will email you with Trip's contact information prior to the march. We have an Episcopal banner and swag to hand out, so Karl might also ask you to pick it up from him and bring it to the parade.

Church Office Closed June 19th for Juneteenth

Juneteenth is a federal holiday in the United States commemorating emancipation of enslaved African Americans. It is also often observed for celebrating African-American culture. Originating in Galveston, Texas, it has been celebrated annually on June 19 in various parts of the United States since 1865. The historical legacy of Juneteenth shows the value of never giving up hope in uncertain times. Juneteenth marks our country's second independence day. Although it has long celebrated in the African American community, this monumental event remains largely unknown to most Americans. The historical legacy of Juneteenth shows the value of never giving up hope in uncertain times. The National Museum of African American History and

Culture is a community space where this spirit of hope lives on. A place where historical events like Juneteenth are shared and new stories with equal urgency are told.



YOUTH

April was a month of service and mission for Youth Group. We prepared for a wonderful Youth Sunday and offered our gifts back to the glory of God in a beautiful Youth Sunday service. Thank you to all our youth ministers and our adult mentors! We feel your support and prayers as we are growing on our faith journey. Congratulations to our graduating seniors! May you always know that you are loved by your church family for all that you are and all that you are still becoming. Youth Group baked for our Bake Sale and helped to organize the garage sale. We took a field trip to New Albany with the Columbus-area Deanery of Youth Groups to serve at the Garden For All. We had a beautiful day preparing the gardens for their first round of in-ground plantings. Thank you, always, for your prayers and your support.



Youth June Mission Work: Sundays 12-4 for rising 6th - 12th grades and Wednesdays 12:30 - 3:30 any age welcome June 2nd - TBD June 9th & 12 Let Love Farm June 16th 11 am - 3pm Ronald McDonald House June 19th - Little Bottoms Freestore June 23, 26 & 30th - TBD

TROOP 299

In April, Troop 299 went on a "Back to Basics" campout. 38 Scouts and 14 Adults attended the event at Camp Falling Creek in eastern Ohio. They had perfect weather and the younger scouts participated in several training programs led by the older scouts designed to teach, test, and improve camping skills. On Saturday night, the scouts had a troop campfire where different patrols performed skits and sang songs.

Also in April, 55 scouts and 15 adults participated in the annual swim test at the Dublin Recreation Center. Each participant swam 100 yards and floated on their back without moving for 1 minute. This test is administered annually to ensure every scout and adult can swim and participate in water activities for the troop.

In May, the scouts will go whitewater rafting on the New River in West Virginia. They will camp out near the river and the younger scouts will float the upper waters in blow-up kayaks and the older scouts will raft the lower sections which have class 4 and 5 rapids. It's one of the highlights of the year for most scouts.

This summer, the troop will go to summer camp at Camp Conestoga in Pennsylvania and the boys are very

excited about it.

