



THE BREASTPLATE

The Newsletter of Saint Patricks Episcopal Church

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VACATION
Bible School
JULY 15-19
Registration Below

Camp Firelight
A SUMMER CAMP Psalm 56:3
ADVENTURE WITH GOD

LIMITED TIME LEFT FOR \$30 REGISTRATION.

After July 1st registration costs \$35

REGISTER HERE

VBS Donations

If you would like to support VBS but cannot join the crew, consider donating supplies or gift cards. There's a drop box in the narthex for gift cards to Costco, Amazon, or grocery stores. You can also sign up for supplies and bring them to St. Patrick's or purchase items from an Amazon registry that will ship directly to St. Patrick's.



VBS Crew News!

Volunteer opportunities are still available for youth (rising 6th graders and up) and adults. Nursery class will be provided for infants and toddlers of crew members. Please e-mail Eryn.Kindelin@gmail.com to join the team! THANK YOU to those who have already signed up for VBS crew. **Please make sure to submit your Crew Info Sheet, and here are some important dates to mark on your calendar:**

**Requesting donations by 7/7
so we can prep our classrooms,
but all donations are welcome
and appreciated.**



DATE:	EVENT:	TIME:
Saturday July 13th	Gear Up, Set Up	9:00 am – 12:00 pm
Sunday July 14th	Training Camp*	After 9:30 Service
Sunday July 14th	Decoration Day	After 9:30 Service
Monday July 15th-Friday July 19th	Breakfast & Rally	8:30 am
Monday July 15th-Friday July 19th	VBS!	8:45 am – 12:30 pm
Friday July 19th	Pizza Party	6:00 – 8:00 pm
Sunday July 21st	Presentation to Parish	8:00 am & 9:30 am

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Breastplate should be
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Rev. Victoria Lewis

My St. Patrick's family,

Thank you so much for the incredible way that you supported me this weekend. I was so touched and in awe of how many of you trekked down in Cincinnati, and how many more watched the service online.

It meant so much to worship with you on Sunday. There's no place I would rather be and your kindness and generosity is overflowing. You're a huge part of the reason I always look forward to coming home!

For those who asked about my blessing, it's below. I'm sorry I confused my saints- it's actually from St. Clare!

"Live without fear: your Creator has made you holy, has always protected you, and loves you as a mother. Go in peace to follow the good road and may God's blessing be with you always. Amen."

The Philadelphia 11

On July the 29th, 1974, eleven women stood before a bishop in a packed church, made vows before God, and were ordained as priests in Christ's One Holy and Apostolic Church. The first women to be so ordained in the Episcopal Church. It was a dangerous thing to do. In fact the congregation got the local chapter of the Black Panthers and a Lesbian Biker Club to work security for the event. Faithful action often requires courage that benefits others in addition to the actors.

St. Pat's has a long history of leadership by clergy women. From Anne Robbins to Cricket Park, and Cameron O'Riley to Elizabeth Hoster and soon from Catherine Duffy, we've been blessed by the faithful ministry of these priests. Furthermore, soon Victoria Lewis and Kate Meeks, who grew up in this faith community will be ordained as priests. And, not least of all, the ministry of our new bishop, Rt. Rev. Kristen White, is a blessing too. None of this happens without the courageous action of the Philadelphia 11.

Therefore it is meet and right for us to celebrate the 50 year anniversary of this radical event that changed the church for the better. St. John's in Worthington will be hosting a celebratory Eucharist on July 29th at 6:30 p.m., with Rt. Rev. Kristin White preaching. I hope you'll come out and celebrate.

God's Peace,
Jason+



11 Women Are Ordained



Within the past year, St. Patrick's received a very generous gift from the estate of Anne Robbins. Anne was the rector at St. Patrick's between 1989 and 2002. Her gift of \$50,000 came to us as "unrestricted". In these situations, the Vestry determines how the gift should be applied.

Prior to making any decision, the Vestry reached out to Anne's family to determine if there were any particular intention she had with her gift; there was none. Over the past few months, the Vestry spent a significant amount of time in prayerful consideration on how this should be used. This was not an easy decision given all of the opportunity in front of St. Patrick's.

After thinking through many different options, it was decided we would use the money to update our sanctuary. This decision was based on the following reasons: 1) When possible, gifts should honor the giver: Anne was the rector when the sanctuary was constructed and dedicated in 2000; 2) it is the space in the church that most people use most often and it is beginning to show some age; and 3) St. Patrick's will celebrate the 25th anniversary of its dedication next year, which nicely ties everything together.

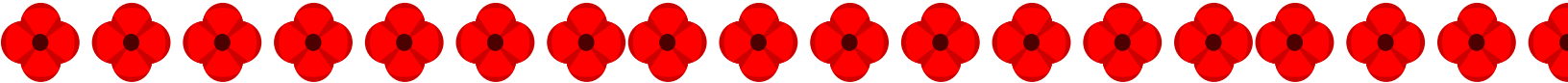
A committee has been formed and a contractor has been identified to prioritize the areas in the sanctuary that most need these improvements. The congregation will be provided updates over the upcoming months as these projects are determined and implemented. Additionally, more information will be forthcoming about our worship space's 25th anniversary celebration!

Anne's gift to us, the people of St. Patrick's, is a wonderful example of one's generosity and thoughtful planning for the future. In 2013, St. Patrick's established an Endowment Fund to be used to promote education and outreach ministries not included in the church's annual budget. The fund's value today is slightly more than \$100,000. Endowment funds grow incrementally through interest and dividends, but grow exponentially through contributions. Any one of us, at any time, can make a contribution. This can be done as a one time, or recurring gift, and/or by remembering St. Patrick's in our own estate planning. If you have any questions about contributing, please see Mark Hanes, Treasurer or Charlie Horton, Pledge Secretary.

Finally, my wife Jo and I have the fondest memories of Anne as we were members here between 1988-1995; and between 1997-2000—overlapping with much of Anne's tenure at St. Patrick's—all prior to our return in late 2019. It was Anne who baptized both of our children in what was the sanctuary back then, which today is known as Smith Hall.

Ed Yuhas

Senior Warden



In Remembrance of Spencer Pugh

Several of us, from St. Patrick's, traveled to St. Anne's Episcopal Church, in West Chester, Ohio for the Celebration and Thanksgiving for the life of Spencer Alan Pugh on May 25th. The service truly captured the essence of Spencer. Spencer was a tremendous asset to our community when he and Bev lived in Dublin. He shared a great knowledge of Stewardship and Pledge Campaigns, and our community prospered under his leadership of that ministry. He was in EfM and was a licensed lay preacher. He preached several times at St. Patrick's. In the bulletin for the service, they included an excerpt from Spencer's final sermon, delivered at the Maundy Thursday service this year. Here is a reprint of that excerpt.

Deep down, if we let ourselves think about it, we know we don't deserve the love that Jesus offers us. But that's OK. That's OK. Jesus loves us anyway. Jesus loves you anyway. God loves you anyway. God loved you first - from before you were born - from the beginning of time. God loves you. Jesus loves us - not because of what we did, or what we may do in the future. But because we are his. We may not be worthy, but we don't HAVE to be worthy. We just need to accept the fact that we are loved. God loves us -and we do our best to love each other. And as a sign of that, we worship together, we serve others together. So join us - and know that you are loved. Know that you are loved by everyone here and know that you are loved by a God whose defining characteristic is love. Love so great that he sent Jesus to show us the way.

Thanks be to God.

Julie Righter



Spiritually Speaking

The Ignatian Examen is a go-to prayer for me because it's a review of my day-to-day experiences and how I experience God's presence in them. This version by Mark Thibodeaux is called "Who Wore God's Face Today?" and it's one of my favorites, because it focuses on encounters with other people, where I so often feel God's presence, and hope to be a compassionate presence for others. It goes like this:

1. Begin your prayer session the way you usually do. (Whether it is spending a few moments in silence, taking a few deep breaths, or sitting quietly in your favorite chair, take a few moments to become aware of God's presence with you.)
2. Express gratitude to God for one or two of the blessings you received today.
3. Look back on your day and ask God, "Who wore your face for me today? At what moment did you come to me through the words or actions of another person?" After savoring that moment, give thanks and praise to God for the gift of that person in your life.
4. Look again at your day and ask God, "In what person did I fail to find your presence? Who did I judge to be without goodness?" Talk to God about why it was so hard, telling God about whatever is on your heart. Ask for wisdom, forgiveness, and healing. Ask how God was hidden in that person and how you might bring out that presence in the next encounter.
5. Ask God whether you encountered a person who needed you to be God's hand, feet, voice, or presence. Ask God whether you filled that need. Next, try to identify one person for whom you failed to be God's presence. Ask for wisdom, forgiveness, and healing. Lastly, try to come up with one person for whom you did succeed at being the presence of God. Savor that that moment and give thanks to God for it.
6. Ask God to show you someone who might really need you to be God's presence the next time you encounter them. Prayerfully use your imagination to play out how it might go if you are able to be God's presence for that person tomorrow or the next day. Try to identify one grace you might need to do that and ask God for that grace.
7. If you feel moved to do so, promise God to do a particular thing based on what you've prayed about during this Examen.
8. End your prayer session in your usual way, perhaps with the Lord's Prayer.

May you receive the blessing of seeing God's face in another person and may you "wear God's face" for others whenever and however you are called to do so.

Kim Nelson

Thibodeaux, Mark E. Reimagining the Ignatian Examen: Fresh Ways to Pray from Your Day [pp. 32-33]. Loyola Press.

U2charist

U2charist Returns to the Irish Festival

Be sure to join us on Sunday, August 3rd at the Dublin Irish Festival on the Shamrock Stage at 10am. Remember that admission to the Irish Festival on Sunday is free if you bring a canned food item with you before 11am. See you there! Slainte!



Wellness Words

Happy Summer! It's time for being outdoors and appreciating God's creation more fully. Now the question is, how do I appreciate the ticks that I got while walking on Glacier Ridge or the ones the dog brought in after a romp? Good question. St. Francis would say that they all have their place. **BUT**, Lissa says, not in my house or biting me. Here are some tips for tick control. Make sure your pet has been treated to discourage the little buggers. If you find one crawling around, then it means you haven't been bitten. Just send it to tick heaven. If there is one that is embedded, use a fine tweezer or tick removal tweezer to pinch the tick at its head and gently pull it out. Don't try the nail polish, lighted match or other folk remedies. These don't work and are likely to leave the head embedded. If the tick has been attached for less than 24 hours, it probably won't cause a problem. **BUT** take care of the site by disinfecting it and then watch for a rash that looks like a bull's eye. If you see it, go to your provider for an antibiotic. Don't just wait for it to go away.

Another part of being out and appreciating creation is that we sometimes forget to hydrate. A word about sports drinks. They were developed to replace electrolytes and carbohydrates lost during **INTENSE** physical activity. The new "energy drinks" often contain enough caffeine (up to 500mgm) and other additives to cause nausea, bloating, cramping, diarrhea, or vomiting. These drinks also interfere with prescription medications. They are **NOT** a healthy replacement for sodas or water. They should **NOT** be consumed routinely. The sugar free ones are **NOT** safe either. Water or chocolate milk is best.

That brings up the question of exertional health illnesses. Here are some myths about heat illnesses:

- *You don't sweat if you have heat stroke: FALSE* (sweating is common)
- *You must be severely dehydrated to develop health illness: FALSE* (heat and humidity and lack of acclimatization are the biggest culprits)
- *Lucid mental status means everything's OK: FALSE* (patients frequently progress to severe problems without treatment)
- *Using ice water is dangerous as it causes shivering and delays cooling: FALSE* (immediate immersion in ice water or using ice and water from a hose are essential **AFTER** you get the victim to the shade)

Slip, Slap, Slop

Love that Australian reminder about sun protection. **Slip** on a shirt with sleeves **Slap** on a hat that protects your ears. **Slop** on sunscreen that is at least a 25 and reapply it every couple of hours or right after you get out of the water. Don't use suntan oil. You aren't trying to be a fried chicken.

It's great to spend more time appreciating God's creation! We should all do it.

Sunny Regards,

Lissa and Rose

(and thanks to St. Francis who reminds us about creation)



THE RECTOR, VESTRY & WARDENS OF ST. PATRICK'S EPISCOPAL CHURCH

The Rev. Jason Emerson Rector	Angel Cinco	Blair McGinnis
Ed Yuhas, Senior Warden	Bill Eddy	Lynette Palmer
Roy Barker, Junior Warden	Randy Edwards	Kelsey Sicker
Vicky Bratton	Beth Landers	Ben Trotter

June Vestry Summary

On June 12th, the Vestry meeting with a quorum present was called to order at 7:02 pm. The opening prayer was given by Vicky Bratten. Fr. Jason commented on his written report pointing out the increasing number of baptisms and activities taking place in our congregation. He also provided information on the adjustment of the formulation of our mission pledge. With this adjustment our mission pledge is now paid in advance for the next three months. Father Jason has been meeting with Mother Catherine Duffy to facilitate her joining our staff on July 1st. Fr. Jason supplied the vestry with the schedule of supply priests providing coverage while he is on vacation. He also asked for prayers for those in the congregation who have been hospitalized and the passing of loved ones of members of St. Patrick's.

The Senior Warden's report was presented. It outlined the planning of the stewardship committee for an upcoming pledge campaign. Information coming from the endowment committee included the suggestion that the vestry start looking at ways the funds could be used.

The Junior Warden's report was presented in written form. The items included the replacement of the AC unit for the office area. A list of items from the building committee was presented to the vestry for the worship space for consideration.

The Treasurer's report was presented. Revenue for the month of May was under budget. Expenses were slightly over budget for the month.

The yearly internal audit is currently underway. A change in budget reporting may be changing to better reflect the pledge and revenue cycles.

Fr. Jason updated the vestry of his schedule for July. He will be at Procter youth camp the week of July 8th.

A resolution was presented to the vestry for approval. The resolution covered the housing portion of the financial agreement for Mother Catherine's employment. A motion to accept the resolution was made by Bill Eddy and seconded by Randy Edwards. The motion passed.

The minutes of the last meeting were presented and approved.

Blair McGinnis

Maria Baker
 Lissa Barker
 Ann Bradway
 Charles Bratton
 Kat Brennan
 Peyton Brunswick
 Jermaine Carew
 Kojo Carew
 Josie Cline
 Stu Collins
 Valerie Cook
 Ila Dawson
 Tom Deschler

Abrielle Dufort
 Paige Dunham
 Sally Fullerton
 Griffen Gates
 Zachary Haney
 Charlie Horton
 Sarah Immell
 Pam Johanssen
 Amanda Jordan
 Kathryn Jordan
 William Jordan
 Tawnya Lewis
 John Mascazine

Karen Mason
 Paige Maxcey-Richard
 Lindsay Mayo
 Marie Mayo
 Nancy McCracken
 Whitby Montgomery
 Kim Nelson
 Jeremy Osenga
 Lisa Palchick
 Mark Peacock
 Justin Pearson
 Val Pittsenbarger
 Mariann Price

Margaret Robinson
 Tom Ruf
 Pat Santanello-Shannon
 Tom Semans
 Theo Shannon
 Brennan Smith
 Xavier Smith
 Robert Swift
 Bill Train
 Allison Turner
 Benjamin Yehsakul

Jim & Vicky Bratton
 Craig & Sara Hallermann
 Charlie & Mary Horton
 Dan & Kim Hull
 Matt & Tawnya Lewis
 Rick & Karen Mason
 Mitch & Jen Richert
 Brennan & Melanie Smith

Grief Support

The Grief Support gathering will be Monday, July 15, 2024, at 6:30 pm in St. Patrick's library. Please consider joining us if you have lost your spouse or another significant member of your family for love, support, and understanding as we travel together this road called grief. We have added a Zoom link and will use the OWL if you wish to join us by Zoom. Please let Becky know you want to Zoom and she will send the link. Also contact Becky if you would like transportation to our gathering. Please contact Angel Cinco or Becky Stains with questions.



**In honor of
 Independence Day, the
 church office will be
 closed on Thursday, July
 4th and Friday, July 5th!
 Have a safe and happy
 holiday weekend!**



American Sign Language-Coming to St. Patrick's

AUTHOR JEFFREY BARBIERI IS OFFERING HIS 5 WEEK COURSE HERE AT ST. PATS.

5 week Sign Language class
July 27th, Aug. 3rd, 10th, 17th, 24th
 Time 10:30 - Noon.
 Register by emailing: [Jeffery Barbieri](mailto:Jeffery.Barbieri)

Jeffrey is a retired Computer Hacking Forensic Investigator and published author who has been teaching ASL for 12 years. Classes will include English Sign Language (ESL) and American Sign Language (ASL) with a focus on Deaf Culture.

COST: \$40 PER PERSON

**REGISTER BY
 JULY 17TH**

Camps Timings : Mon-Fri from 9am-4pm.
 Pre-camp hours start at 8am.
 Post-Camp hours go up to 5:30pm.
 Every Kid is a Scientist!



Summer Camp Science & Fun!

Learn More Here



	Grades PK-K	Grades 1-3	Grades 4-7
July 8th	Little Scientist	Junior Robot Engineer Junior Scientist	Robot Engineer
July 22nd	Little Engineer	Junior Space Explorer Marvel Movie Maker	Nintendo Lab

There are still spots available for the July sessions!
For St. Patrick’s families-\$25 off using code: StPatricks24
Multi-camper \$10 Off (automatically applied)
Multi-session \$10 Off (automatically applied)

PIMIL

Join: Partners-in-Ministry-in-Liberia (PIMIL) and help celebrate the 15th Annual International Luncheon and Silent Auction Fundraiser on Saturday, July 20, 2024 . The milestone event will be at St. Philip Episcopal Church, Woodland Avenue, Columbus, Ohio from 12:30-3:30 p.m. Enjoy delicious food, which includes for the first time Liberian “chicken gravy” with or without tomato. Purchase a copy of the recipe! Also, purchase, for the first time, the publications of “The Story of PIMIL”, “Spirituals Sung” in Liberia, and other memorable items! Enjoy many more attractions of the afternoon, including activities for the children of grass-skirt making and the Drum Circle. Finally, meet old and new friends across the Diocese!

The Fundraiser is when PIMIL raises the most of their funds to support the education of over 200 students in school in Liberia. The fundraising goal for the year is: \$25,000.



Contacts:

Robin Holland – Tel. (614) 266-4951
Kathy Hall – Tel. (614) 888-1933

Tickets are as follows:

Adult - \$20.00
Ages - 5-19: \$10
Children – 4 and under FREE!

St. Patrick's Drumming Workshop

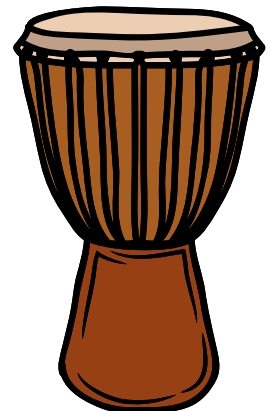


Did You Know....Drumming:

- Reduces tension, anxiety, and stress
- Helps control chronic pain
- Boosts the immune system
- Alleviates depression
- Produces deeper self-awareness by inducing synchronous brain activity
- Creates a sense of connectedness with self and others
- Helps us to be in resonance with the natural rhythms of life

Join us for this special afternoon event where Joyce Phelps helps us find our voice with confidence. We will build a cohesive, diverse community through the power of deep listening and rhythmic communication. Instruments will be provided – you only need to bring an open heart and mind. No experience with drumming is necessary.

REGISTER HERE





The youth celebrated the end of the program year with a bowling party at Ten Pin Alley. In June local mission activities were available on Sunday and Wednesday afternoons. Some of those activities included edging and mulching flower beds at Let Love Farm, a Father's Day celebration at the Ronald McDonald House and working at the Little Bottoms free store for new parents.

Look for a Columbus deanery kickoff in late August or early September. The High School youth group will be starting the confirmation process in September while the Middle School youth group will be continuing to explore and grow their faith with the Rite 13 Journey to Adulthood curriculum.

There will also be an acolyte training session for torch bearers and crucifers.

If you are not receiving the YG News weekly email and would like to be added to the mailing list, please contact Tawnya Lewis. Youth Group is open to all 6th - 12th graders and their friends.

